

# 22ND INTERNATIONAL PERINATAL BEREAVEMENT CONFERENCE

UNITING RELATIONAL ASPECTS OF PERINATAL BEREAVEMENT CARE AND CLINICAL RESEARCH

*Mile High City*



IPBC 2022  
DENVER, CO

OCTOBER 12 - 15, 2022



Sheraton Denver Downtown

PLIDA.ORG



# JOIN US...



This year will mark the 22nd PLIDA-sponsored International Perinatal Bereavement Conference. The October 12-15, 2022 conference is in beautiful Denver, Colorado.

We invite you to attend this one-of-a-kind educational event, specially designed to bring together clinical professionals and bereavement advocates in a relaxed and communal setting. It is the only international conference devoted solely to the understanding of perinatal bereavement, meaning the death of a baby at any stage of pregnancy, at birth, or in the first weeks or months of life. In addition, this year we are addressing traumatic stress and grief following pregnancy loss, health disparities, maternal mental health and much more.

What makes the conference unique? Most notable is our commitment to the model of evidence-based care that includes clinical excellence, research, personal experiences, and bereaved family narratives. The purpose of the biennial International Perinatal Bereavement Conference is to bring new information, share best practices, and engage in educational and networking opportunities for those who support and care for bereaved families.

Additionally, this remarkable conference provides a wide variety of opportunities to engage, learn, and be inspired. Preconference workshops, plenary, concurrent, and poster sessions offer a wide array of opportunities to improve your clinical practice. Outstanding plenary speakers include Terri Major-Kincade MD, MPH; Joanne Cacciatore, PhD; Brian S. Carter, MD; Emilie Lamberg Jones, BSW, RN, C-EFM, CPLC; Meghaan R. Nguyen, MSW, CCLS; Rana Limbo, PhD, RN, CPLC, FAAN; Mandy Kelso; Marianne H. Hutti, PhD, WHNP-BC, FAANP, FAAN.

The welcome reception Wednesday evening is open to all attending the conference and is a great opportunity to catch up with old friends and meet new ones. As well, the planning committee has arranged several other networking opportunities and casual receptions for you during our time together.

With so many wonderful things to see and do in Denver, there is truly something for everyone. Located on 16th Street Pedestrian Mall, Sheraton Denver Downtown Hotel is minutes from shopping, dining & entertainment. The Light Rail is close by, making for an easy seamless arrival from the Denver International Airport. With Sheraton Denver Downtown Hotel as your home base, the city is yours to explore. Nearby attractions include the Denver Art Museum, Denver Zoo, Union Station Denver, and Coors Field. Denver is the entertainment and cultural capital of the western Rocky Mountains. Colorado is truly stunning in the fall.

We invite you to contact our business manager, Rossana Urbina at [rossana.urbina@plida.org](mailto:rossana.urbina@plida.org) with any questions. Rossana will also be onsite to welcome you and assist with registration.

We look forward to meeting you and wish you an extraordinary conference experience. See you in Denver!

With gratitude,  
Gina Leigh Jones, RN, CPLC  
PLIDA President  
Conference Chair





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## MISSION

*PLIDA stands for the Pregnancy Loss and Infant Death Alliance. PLIDA serves as a leader in perinatal and neonatal bereavement care. We do this through education, advocacy and networking for health care providers and parent advocates. We promote the highest quality of consistent evidence-based care for all families.*

*We express our mission through professional continuing education, the establishment of position statements and practice guidelines, unified response to issues in the media or legislation, and by creating a network for professionals to share questions, resources, insight, and support.*







Thank you to the planning committee and conference co-chairs for their dedication to ensuring this conference is an educational and networking experience for all attendees. The conference committee would like to extend a thank you to the contributing members:

## **Conference Planning**

Gina Leigh Jones, RN, CPLC PLIDA President and Conference Chair  
Coordinator Bereavement and Supportive Care Services | Houston, TX  
Children's Memorial Hermann

## **Consultants**

Rana Limbo, PhD, RN, CPLC, FAAN  
Resolve Through Sharing, Co-founder and Director Emerita  
Gundersen Medical Foundation | La Crosse, WI

Judy Friedrichs DNP, RN  
Rush University | Chicago, IL

## **Contributing Committee Members**

Rebecca Carter, MS, CGC – PLIDA Education and Research Board of Director  
BillionToOne Laboratory | Houston, TX

Rose Carlson, BS – Education Specialist  
Share Pregnancy and Infant Loss Support, Inc. | St. Charles, MO

## **Contributing PLIDA Education Committee Members**

Summer M. Hepler, MSN, RN – PLIDA Education Committee Chair  
Greenbrier Valley Medical Center | Clifton Forge, VA

Denise Côté-Arsenault, PhD, RN, CPLC, FNAP, FAAN  
St. Louis University School of Nursing | Ballwin, MO

Deborah Rich, PhD, CPLC, Licensed Psychologist  
Founder, Shoshana Center for Reproductive Health Psychology | St. Paul, MN

## **Contributing PLIDA Members**

Elizabeth Levang, PhD  
Levang & Associates, Inc. | Golden Valley, MN

Elizabeth Ricci, RN, BSN, MS, IBCLC, CPLC  
Downingtown, PA

## **Contributing Community Members**

Cinnamon Cappel  
Children's Memorial Hermann Hospital  
Houston, TX

Pierce A.F. Jones, Esq.  
Attorney at Law  
Houston, TX



## THEME

Uniting Relational Aspects of Perinatal Bereavement Care and Clinical Research

## OBJECTIVES

- Explore relational aspects of perinatal bereavement care.
- Describe innovative clinical and advocacy implications in caring for families when their baby dies.
- Develop skills for working within an interprofessional team when providing care for bereaved families.
- Explore ways of increasing inclusivity and encouraging diverse populations and experiences among perinatal bereavement patients and care providers.
- Discuss transformation as applied to processes of grieving.
- Provide opportunities for relationship building among clinicians, researchers, caregivers, and parent advocates.
- Discuss ways of translating research findings into clinical practice.
- Describe principles and practice of self-care.

## PURPOSE

To engage in educational and networking opportunities for those who support bereaved families.

## AUDIENCE

This conference will appeal to any professional who provides care to families experiencing a perinatal death or engaging in research within the field including:

- |                                      |                          |
|--------------------------------------|--------------------------|
| • Obstetricians                      | • Chaplains              |
| • Maternal Fetal Medicine Physicians | • Funeral Directors      |
| • Neonatologists                     | • Childlife Specialists  |
| • Palliative Care Physicians         | • Lactation Consultants  |
| • Advanced Practice Nurses           | • Psychologists          |
| • Midwives                           | • Childbirth Educators   |
| • Physician Assistants               | • Policy Makers          |
| • Nurses                             | • Program Administrators |
| • Social Workers                     | • Researchers            |
| • Genetic Counselors                 | • Professors             |
| • Ultrasonographers                  | • Parent Advocates       |
|                                      | • ... among many others  |

*In addition, bereaved parents themselves participate in the conference in the role of parent advocates who may work in advocacy, lay support and who may hold a dual role as both patient and researcher or practitioner.*

## WHY ATTEND

What makes the conference unique? We are committed to the model of evidence-based care that includes research, personal experience, and bereaved family narratives. The purpose of the biennial International Perinatal Bereavement Conference is to engage in educational and networking opportunities for those who support bereaved families.



# REGISTRATION

All registrations will be conducted online.



REGISTRATION TYPE	EARLY RATE* 1/1/22 - 8/18/22	REGULAR RATE 8/16/22 - 10/12/22
Preconference Half Day	\$130.00	\$165.00
Preconference Full Day	\$240.00	\$330.00
Main Conference PLIDA Member	\$550.00	\$660.00
Main Conference Non PLIDA Member	\$770.00	\$880.00
Single Day PLIDA Member	\$330.00	\$440.00
Single Day Non PLIDA Member	\$440.00	\$550.00

Registration closes on 10/12/22

## PAYMENT PLAN

Pregnancy Loss and Infant Death Alliance (PLIDA) is pleased to announce the first-ever payment plan for IPBC 2022. The payment plan will be available to PLIDA members, and has several options to ease the financial burden of attending the International Perinatal Bereavement Conference. A minimal processing fee will be added to the regular rate prices. Please direct any questions to Rossana (rossana.urbina@plida.org).



LEARN MORE AT  
[PLIDA.ORG/IPBC-PAYMENT-PLAN](https://plida.org/ipbc-payment-plan)

## ADDITIONAL INFORMATION

Fees include attendance at all conference sessions, admission to the welcome reception, breakfast, and coffee breaks on the days for which you are registered. In addition, preconference fees include breakfast for attendees registered for morning or full-day preconference sessions. Your registration also includes access to conference materials, the exhibits and poster presentations. To receive the early registration rates, your registration must be completed online by August 18, 2022. This date is firm, with no exceptions.

Payment: Credit card is the preferred method of payment. Should you have any issues with this method or other registration questions, please contact Rossana Urbina, [rossana.urbina@plida.org](mailto:rossana.urbina@plida.org). **Refunds for payments made with a credit or debit card are subject to a NON-REFUNDABLE \$15 processing fee.**

Cancellation policy: Full refunds, less a \$100 USD processing fee, are available only before August 31, 2022.

If you are transferring your registration to a colleague, a \$50 USD transfer fee applies. In order to receive a refund or transfer, you must notify conference management in writing by August 31, 2022 by emailing Rossana Urbina at [rossana.urbina@plida.org](mailto:rossana.urbina@plida.org). If you do not cancel or transfer by this date, payment in full is still due, even if you do not attend the conference.

Special Accommodations: In accordance with the Americans with Disabilities Act, PLIDA seeks to make this conference accessible to all. If you have a disability that might require special accommodations, please e-mail your needs to Rossana Urbina ([rossana.urbina@plida.org](mailto:rossana.urbina@plida.org)) or call her at 888-693-1435.

If you have questions or grievances, please contact [rossana.urbina@plida.org](mailto:rossana.urbina@plida.org).



# SPONSORS & EXHIBITORS



Thank you to the IPBC 2022 Sponsors and Exhibitors! Are you interested in learning more about sponsorship and exhibition opportunities? Visit [www.plida.org/sponsor-and-exhibit](http://www.plida.org/sponsor-and-exhibit)

## SPONSORS

ROCKY MOUNTAIN SPONSOR: \$7,500

**Resolve Through Sharing®**

BEREAVEMENT EDUCATION SINCE 1981

PIKES PEAK SPONSOR: \$5,000



**Riley Children's Health**  
Indiana University Health

RED ROCKS SPONSOR: \$2,500



**nilmdts**  
Now I Lay Me Down to Sleep



**STAR LEGACY**  
FOUNDATION

GOLD RUSH SPONSOR: \$1,000



REFLECTION ROOM SPONSOR: \$1,000

## EXHIBITORS

Empty Cradle

Holy Sews

Jane's Room

Mamie's Poppy Plates

MEND

Memories Unlimited

Postpartum Support International (PSI)

Pregnancy After Loss Support (PALS)

Project Sweet Peas

Resolve Through Sharing

The Colette Louise Tisdahl Foundation

Vitrified Studio

Walk to Remember

## PRECONFERENCE PLENARY SPEAKER

**TERRI MAJOR-KINCADE, MD: POST-TRAUMATIC STRESS IN BLACK MOTHERS: THE INTERCONNECTION OF SYSTEMIC RACISM WITH A CUMULATIVE LEGACY OF LOSS AND TRAUMA"**



Dr Major-Kincade was 1st introduced to America over 20 years ago as the young Neonatologist featured on ABC's Houston Medical, when her patient died unexpectedly on national television. She received her bachelor's degree from Prairie View A&M University and her Medical and Master's in Public Health's Degrees from UCLA. She is a highly requested keynote speaker known in the industry for her authenticity and compassion in discussing challenging topics around racial health disparities and neonatal palliative care. Dr. Terri is a two-time best-selling author and has been featured in Ebony, NBC, Huggies and Black Doctor.Org. She currently serves as Chair for the Texas March of Dimes Steering Committee for African American Outreach as well as Chair for the Health Equity and Diversity Inclusion Committee for the National Board of Pregnancy Loss and Infant Death Alliance (PLIDA) and The Return to Zero HOPE Foundation.

## MAIN CONFERENCE PLENARY SPEAKER

**JOANNE CACCIATORE, PHD: UNNATURAL TRAGEDIES AND THE NATURE OF TRAUMATIC GRIEF**



Dr. Joanne Cacciatore is a research professor studying traumatic grief at Arizona State University with nearly 70 published studies in top tier journals and directs the graduate Certificate in Trauma and Bereavement. In 1996, two years after the death of her baby daughter, Cheyenne, Dr. Cacciatore founded the MISS Foundation, an international NGO that aids families whose babies and older children die or are dying. The MISS Foundation has been serving families globally through support groups and forums, crisis and long-term counseling, and through psychoeducation and professional training. In 2016 she founded Selah Carefarm, one of only three carefarms in the U.S. and the first carefarm in the world for traumatic grief. There, grieving families from around the world come to receive counseling, learn healthy coping, and help care for almost 40 animals (farm and domestic) rescued from torture, homelessness, and abuse. Personally, she has five children, four living, and is a meditation teacher. She practices ahimsa and has been a vegan since 1972. Her best-selling book, Bearing the Unbearable: Love, loss, and the heartbreaking path of grief, won the Indies Book of the Year Award and is available on Amazon.

## INTERACTIVE PLENARY PANEL: PERINATAL AND NEONATAL PALLIATIVE CARE

**BRIAN S. CARTER, MD**

**INTERACTIVE PLENARY PANEL: PERINATAL AND NEONATAL PALLIATIVE CARE**



Dr. Carter is a board-certified Neonatologist who has practiced in academic medicine for 35 years. He is also trained in bioethics and palliative care. His current practice focuses on providing follow-up care to NICU graduates and serving as a consultant neonatologist in the Fetal Health Center. He enjoys mentoring medical students, residents, and fellows locally and across the country. He is the local PI for the NIH funded multi-site ECHO study of a cohort of babies born <30 weeks' gestation. He publishes, lectures, and teaches in biomedical ethics and is the Co-Director of the CMH Certificate Program in Pediatric Bioethics. He is a pioneer in pediatric palliative, having contributed to the field for 20 years, and presently focuses on neonatal-perinatal palliative care.

He has authored over 125 peer-reviewed articles and 40 book chapters addressing pediatric and neonatal care, ethics, and palliative care, and is a contributing author and editor of Merenstein & Gardner's Handbook of Neonatal Intensive Care; the 1st textbook on pediatric palliative care, Palliative Care for Infants, Children & Adolescents; and the 1st textbook on neonatal-perinatal palliative care, Handbook of Perinatal & Neonatal Palliative Care - with Rana Limbo and Charlotte Wool. Dr. Carter is a past chairman of the AAP's Section on Hospice & Palliative Medicine and has received honors from the National Hospice & Palliative Care Organization (2003), the William A. Silverman Lecture in Ethics from the Pediatric Academic Societies (2008), and in 2018 he received the William T. and Marjorie Sirridge Endowed Professorship in Medical Humanities & Bioethics at the University of Missouri-Kansas City, School of Medicine. In 2020 he became the Chairman of the Department of Medical Humanities & Bioethics at UMKC, School of Medicine and in 2021 he became the Editor-in-Chief of the journal, Clinical Pediatrics. He previously served on the faculty of Vanderbilt University and the Medical College of Georgia after leaving the US Army as a Lieutenant Colonel in 1996.



## INTERACTIVE PLENARY PANEL: PERINATAL AND NEONATAL PALLIATIVE CARE (CONT)

RANA LIMBO, PHD, RN, CPLC, FAAN (MODERATOR)

INTERACTIVE PLENARY PANEL: PERINATAL AND NEONATAL PALLIATIVE CARE



Dr. Rana Limbo's 50+-year nursing career began at St. Olaf College, followed immediately by a master's in maternal child nursing from the University of Colorado. She was then hired as a bedside nurse at Colorado General Hospital. She was drawn to the emotional aspects of childbearing, through both her education and clinical experiences in her early career. Specifically, Dr. Limbo found herself wanting to raise the standard of care for those women and families who suffered grief from multiple causes. Eventually, she was hired as the first coordinator of Resolve Through Sharing (RTS) at Gundersen Health System, La Crosse, Wisconsin in 1981. As a co-founder of RTS, she was an educator, curriculum designer, writer, and researcher, roles she continued throughout her career. She earned a second master's in adult psychiatric and mental health nursing (Indiana University) and a PhD in nursing from the University of Wisconsin - Madison.

As an international leader in perinatal bereavement, she has educated thousands of professionals; authored or edited six books, numerous journal articles and book chapters; and brought the teaching/learning theory of guided participation to be central in the RTS core curriculum. Her primary research topic, miscarriage, led to innovative understandings of the early ending of a pregnancy. Dr. Limbo has been involved in numerous organizations, including the Pregnancy Loss and Infant Death Alliance, where she served as president for two terms and numerous conference planning committees. She was recognized as a pioneer in perinatal bereavement at both the 2018 and 2020 conferences. She was an invited member of the International Work Group on Death, Dying, and Bereavement and inducted as a Fellow in the American Academy of Nursing, nursing's highest honor.

MEGHAAN R. NGUYEN, MSW, CCLS

INTERACTIVE PLENARY PANEL: PERINATAL AND NEONATAL PALLIATIVE CARE



Meghaan Nguyen, MSW, CCLS, currently serves as the clinical coordinator for the Child Life and Expressive Therapies team at Children's Memorial Hermann Hospital. She began her career as a child life specialist working at a pediatric burn hospital. She immediately saw the therapeutic value in supporting families from the start of their trauma and continuing with them throughout their entire journey of recovery. She implemented group programming for patients and parents to support successful community reintegration after trauma. After working a few years in the profession, she obtained a master's in social work to further her knowledge and complement her skill set. She completed a social work internship at Bo's Place, a grief support center for children and families. It was there that Meghaan developed a passion for supporting families through bereavement.

She continued her career as a child life specialist working in a pediatric emergency department and later at Children's Memorial Hermann Hospital in their pediatric special care unit. Seeing her work with families, Meghaan was afforded the opportunity to develop a new child life position with Memorial Hermann's inpatient pediatric palliative care team and outpatient hospice program. Working in home settings provided greater insight in how to creatively adapt interventions to individualize care and support for the entire family. Meghaan has been a speaker at multiple regional, national, and international conferences regarding supporting siblings through death, maternal death, therapeutic play, and self-care. She authored a chapter regarding supporting grieving siblings in the Handbook of Perinatal and Neonatal Palliative Care. She has been involved in multiple national committees and task forces with the Association of Child Life Professionals and currently serves as the chair of the Professional Development Mega Committee. In her free time, Meghaan enjoys reading, trying new foods, and chasing after her two-year-old son, Oliver.

**TERRI MAJOR-KINCADE, MD**  
**INTERACTIVE PLENARY PANEL: PERINATAL AND NEONATAL PALLIATIVE CARE**



Dr Major-Kincade was 1st introduced to America over 20 years ago as the young Neonatologist featured on ABC's Houston Medical, when her patient died unexpectedly on national television. She received her bachelor's degree from Prairie View A&M University and her Medical and Master's in Public Health's Degrees from UCLA. She is a highly requested keynote speaker known in the industry for her authenticity and compassion in discussing challenging topics around racial health disparities and neonatal palliative care. Dr. Terri is a two-time best-selling author and has been featured in Ebony, NBC, Huggies and Black Doctor.Org. She currently serves as Chair for the Texas March of Dimes Steering Committee for African American Outreach as well as Chair for the Health Equity and Diversity Inclusion Committee for the National Board of Pregnancy Loss and Infant Death Alliance (PLIDA) and The Return to Zero HOPE Foundation.

**EMILIE LAMBERG JONES, BSW, RN, C-EFM, CPLC**  
**INTERACTIVE PLENARY PANEL: PERINATAL AND NEONATAL PALLIATIVE CARE**



Emilie Lamberg Jones has worked as a nurse and social worker in the area of women's health and perinatal bereavement since 1990. She is a co-developer of the Fetal Concerns Center at Children's Hospital of Wisconsin which has been innovative in the provision of multi-disciplinary care-coordination, education and support to families following a fetal diagnosis.

Emilie has a long history of providing mentorship and education to other professionals. She enjoys speaking and writing about the integration of perinatal bereavement practices into fetal care coordination. Emilie is an active member of the Fetal Therapy Nurse Network, the bereavement committee of the Mother's Milk Bank of the Western Great Lakes and is an editorial board member of the Journal of Pediatric Surgical Nursing. Emilie is also a proud supporter of PLIDA. She currently serves on the Education Committee but is also a past board member and was a co-chair of several past conferences.

## MAIN CONFERENCE PLENARY SPEAKER

**MEGHAAN R. NGUYEN, MSW, CCLS: IN THEIR OWN WORDS: SUPPORTING THE SIBLING BOND**



Meghaan Nguyen, MSW, CCLS, currently serves as the clinical coordinator for the Child Life and Expressive Therapies team at Children's Memorial Hermann Hospital. She began her career as a child life specialist working at a pediatric burn hospital. She immediately saw the therapeutic value in supporting families from the start of their trauma and continuing with them throughout their entire journey of recovery. She implemented group programming for patients and parents to support successful community reintegration after trauma. After working a few years in the profession, she obtained a master's in social work to further her knowledge and complement her skill set.

She completed a social work internship at Bo's Place, a grief support center for children and families. It was there that Meghaan developed a passion for supporting families through bereavement. She continued her career as a child life specialist working in a pediatric emergency department and later at Children's Memorial Hermann Hospital in their pediatric special care unit. Seeing her work with families, Meghaan was afforded the opportunity to develop a new child life position with Memorial Hermann's inpatient pediatric palliative care team and outpatient hospice program. Working in home settings provided greater insight in how to creatively adapt interventions to individualize care and support for the entire family. Meghaan has been a speaker at multiple regional, national, and international conferences regarding supporting siblings through death, maternal death, therapeutic play, and self-care. She authored a chapter regarding supporting grieving siblings in the Handbook of Perinatal and Neonatal Palliative Care. She has been involved in multiple national committees and task forces with the Association of Child Life Professionals and currently serves as the chair of the Professional Development Mega Committee. In her free time, Meghaan enjoys reading, trying new foods, and chasing after her two-year-old son, Oliver.



## MAIN CONFERENCE PLENARY SPEAKER

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MANDY KELSO, AUTHOR: LOVING WYATT: A JOURNEY THROUGH INFANT LOSS AND RECURRENT PREGNANCY LOSS



Mandy and her husband Robbie have experienced the death of their son Wyatt as a newborn and multiple miscarriages. The work, study, travel, and numerous other opportunities Mandy describes below have culminated in paintings and poetry, featured in the book *Poems for Wyatt*. Mandy received her degree in Studio Art and Literature from Rice University, where she attended on full scholarship. In 2001 she was awarded the Zhonghua Fellowship, which allowed her to live and study in Guangzhou, China for a year, studying culture, watercolor, and textiles. Originally from Texas, she has worked in Austin costuming short films, and produced several fashion and art shows throughout New York and Texas. As a community leader, she has served on the Board of Managers for the International YMCA, the Friends of Maple Grove nonprofit, and the United Nations Association YP Group as the Asian Affairs Director. She currently serves on the board for Library For All, which provides educational content to students in impoverished countries. She has traveled throughout Asia, South America, Europe, Australia, and Africa painting and speaks Spanish, and limited Mandarin and Polish.

Mandy was the previous Resident Artist at Theceeflat Gallery in Greenpoint, Brooklyn, and now has moved her studio to Beacon, NY. By sharing her artwork and studios, she has been able to support art exhibits and fundraisers for a myriad of global nonprofits and offers community art and design classes to the public on request. She has worked as an instructor, fashion designer, and costumer for over 20 years and has painted over the last 15 years. She has read her written works at various readings across New York City and has been published in abbreviated collections. While her artwork focuses on narrative scenes from around the world (plein aire paintings from her travels) and the power, color, and profundity of the human spirit, her poetry more often comments on the unifying themes of struggle which serve to ignite and magnify such profundity.

## MAIN CONFERENCE PLENARY SPEAKER

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MARIANNE H. HUTTI, PHD, WHNP-BC, FAANP, FAAN: REDUCING THE “COST OF CARING” AFTER PERINATAL LOSS



Dr. Marianne Hutt is a full Professor at the University of Kentucky College of Nursing, and a Women’s Health Nurse Practitioner in private practice, managing the care of about 500 women in Louisville, KY. Dr. Hutt publishes often and speaks frequently at national and international meetings on subjects related to women’s health care. She is nationally-recognized as an expert Women’s Health Nurse Practitioner and is internationally-recognized for her research in perinatal loss.

Dr. Hutt is a Fellow in the American Association of Nurse Practitioners and a Fellow in the American Academy of Nursing.

# IPBC CONFERENCE SCHEDULE



## TUESDAY, OCTOBER 11, 2022

5:00PM - 7:00PM Registration Opens  
5:00PM - 9:00PM Reflection Room

## PRECONFERENCE SCHEDULE: WEDNESDAY, OCTOBER 12, 2022

7:00AM - 6:00PM Registration Opens  
7:00AM - 9:00PM Reflection Room  
7:00AM - 7:45AM Continental Breakfast for Preconference Registrants  
7:45AM - 8:00AM Welcome and Opening  
8:00AM - 9:15AM Preconference Plenary Session #1: Post-traumatic Stress in Black Mothers: The Interconnection of Systemic Racism with a Cumulative Legacy of Loss and Trauma" (Terri Major-Kincade MD)  
9:15AM - 9:30AM Coffee Break  
9:30AM - 12:30PM Preconference Session #1  
12:30PM - 2:00PM Lunch (on your own)  
2:00PM - 5:00PM Preconference Sessions #2  
5:00PM - 9:00PM Exhibits Open  
6:30PM - 9:00PM Welcome Reception

## MAIN CONFERENCE SCHEDULE: THURSDAY, OCTOBER 13, 2022

6:55AM - 4:30PM Registration Open  
7:00AM - 9:00PM Reflection Room  
7:30AM - 7:00PM Exhibits Open: *Exhibits will be closed during Plenary and Concurrent Sessions*  
7:15AM - 8:15AM Continental Breakfast  
8:15AM - 8:30AM Welcome and Opening  
8:30AM - 9:45AM Opening Plenary Session #2: Unnatural Tragedies and the Nature of Traumatic Grief (Joanne Cacciatore, PhD)  
9:45AM - 11:00AM Poster Presentations and Coffee Break  
11:15AM - 12:15PM Concurrent Sessions #1  
12:15PM - 1:45PM Lunch (on your own)  
1:45PM - 2:00PM Announcements  
2:00PM - 3:15PM Plenary Session #3: An Interactive Discussion with a Panel of Experts: Innovations in Perinatal and Neonatal Palliative Care. (Brian S. Carter, MD; Emilie Lamberg Jones, BSW, RN, C-EFM, CPLC, Terri Major-Kincade MD, Meghaan R. Nguyen, MSW, CCLS and moderator Rana Limbo, PhD, RN, CPLC, FAAN)  
3:15PM - 3:30PM Break  
3:30PM - 4:30PM Concurrent Sessions #2  
6:00PM - 8:00PM Presidents Reception (by invitation only)  
8:00PM - 10:00PM Off Site Activity

## FRIDAY, OCTOBER 14, 2022

6:55AM - 5:00PM Registration Open  
7:00AM - 7:00PM Reflection Room  
7:00AM - 8:00AM Continental Breakfast  
7:30AM - 7:00PM Exhibits Open: *Exhibits will be closed during Plenary and Concurrent Sessions*  
8:00AM - 8:15AM Welcome and Opening  
8:15AM - 9:30AM Plenary Session #4: In Their Own Words: Supporting the Sibling Bond (Meghaan R. Nguyen, MSW, CCLS)  
9:30AM - 10:30AM Poster Presentations and Coffee Break  
10:45AM - 11:45AM Concurrent Sessions #3  
11:45AM - 1:45PM Lunch on your own  
1:45PM - 2:00PM Announcements  
2:00PM - 3:15PM Plenary Session #5: "Loving Wyatt: A Journey Through Infant Loss and Recurrent Pregnancy Loss" (Mandy Kelso, Author)  
3:15PM - 3:30PM Break  
3:30PM - 4:30PM Concurrent Sessions #4  
4:30PM - 6:30PM Book Signing Reception  
7:00PM - 7:00PM Exhibits and PLIDA Place Close

## SATURDAY, OCTOBER 15, 2022

7:00AM - 8:00AM Registration Opens  
8:00AM - 9:00AM Continental Breakfast  
9:00AM - 10:15AM Plenary Session #6: Reducing the "Cost of Caring" after Perinatal Loss (Marianne H. Hutti, PhD, WHNP-BC, FAANP, FAAN)  
10:15AM - 10:30AM Conference Closing  
12:00PM - TBD Off Site Activity



# CONTINUING EDUCATION CREDITS



PLIDA is making application for continuing education credit to include physicians, nurses, social workers, mental health professionals, genetic counselors and more.

## **PRECONFERENCE SCHEDULE: WEDNESDAY, OCTOBER 12, 2022**

### **8:00AM - 9:15AM: MORNING OPENING PLENARY SESSION**

#### **POST-TRAUMATIC STRESS IN BLACK MOTHERS: THE INTERCONNECTION OF SYSTEMIC RACISM WITH A CUMULATIVE LEGACY OF LOSS AND TRAUMA" (TERRI MAJOR-KINCADE MD)**

Dr. Major Kincade is opening the 22nd International Perinatal Bereavement Conference for a second time, the first time in conference history that a speaker has been invited to offer opening plenaries at back-to-back conferences. As a neonatologist, author, expert in health care for African Americans, teacher, board advisor, and widely known speaker, she will support us as we come through the only pandemic in our lifetimes. The frequency of post-traumatic distress in new mothers, especially mothers of color, is a hidden epidemic in childbearing women. This talk is intended to help those who provide health care to Black women to do so with a renewed sense of where we fall short. Only by coming to understand what these are, will we be able to know what questions to ask, how to ask them, and how to listen to responses.

### **9:30AM -12:30PM: PRECONFERENCE SESSIONS #1**

#### **ETHICS & PERINATAL PALLIATIVE CARE: BRIAN S. CARTER, MD**

Dealing with complicated pregnancies and fetal diagnoses, parental stress, and decision making under circumstances of uncertainty may all bring matters of ethical import to light for interdisciplinary clinicians in perinatal-neonatal palliative care. This session will review ethical principles, virtues, values, and other approaches to be used in resolving ethical dilemmas in perinatal-neonatal palliative care.

#### **A DEEP DIVE INTO CULTURAL HUMILITY WITH TRANSGENDER AND NON-BINARY INDIVIDUALS: KAITLYN O'DONNELL, MSW, LCSW**

For transgender and non-binary individuals, care settings hold a history of marginalization, discrimination, and mistreatment. When facing a pregnancy or infant loss, the vulnerability faced by this population is compounded. Through the pairing of didactic lecture on foundational knowledge and interactive learning activities, professionals will gain the ability to improve clinical care and environments, while increasing confidence in practice with this population. Interactive activities will include practice utilizing neutral pronouns, discussion of case studies, and examination of strategies to mitigate the unique barriers faced by transgender and non-binary individuals.

#### **RECOGNIZING MISCARRIAGE THROUGH STANDARDIZED RESPECTFUL DISPOSITION PRACTICE AND INCLUSIVE RITUAL: ANN TYNDALL, MDIV, BCC, CPLC**

Research shows that 75% of women who experience a miscarriage view it as the loss of a baby, yet not all healthcare systems have a way of respectfully disposing of miscarriage remains. This workshop highlights Resolve Through Sharing's respectful disposition practice at Gundersen Health System and references its annual burial as an example of inclusive ritual. Considerations for establishing hospital-based respectful disposition, including data gathering and crafting institutional policies and standards of practice, will be discussed. Working in small groups, participants will explore the challenges and possibilities for creating a respectful, broadly inclusive ritual.

#### **MEMORY MAKING AND PLANNING GROUP ACTIVITIES: ROSEMARY CARLSON, BS**

This workshop will focus on helping families commemorate and remember their baby in tangible ways. The first part will be a presentation of ways to provide unique mementos for the entire family unit at the time of the loss, including siblings and grandparents. During the second part, Carlson will share her experience and ideas for planning and hosting memorial and other events for support groups and in other group settings. Attendees will also have the opportunity to participate in a hands-on activity at the end of the session.

#### **A PROPOSED MODEL OF PROGRAMMATIC BEREAVEMENT OUTREACH FOLLOWING INTRAUTERINE AND NEONATAL DEATH: JOANNA C.M. COLE, PHD, PMH-C AND JOY N. MACDONALD, BSN, RN**

There are no current clinical standards for bereavement outreach following an intrauterine or neonatal death within most fetal care centers or hospital institutions. This presentation will ask audience members to share grief resources to aid in clinical practice. Case studies and audience discussion will further describe how a fetal care center's bereavement program developed systematic implementation of a standardized protocol to track perinatal loss and provide consistent outreach and resources for grieving women and families.

#### **PSYCHOTHERAPY FOR PREGNANCY LOSS AND NEWBORN DEATH: ADVANCED SKILLS, RESEARCH UPDATE AND CURRENT CONTROVERSIES: DEBORAH RICH, PHD, LP**

Given that 20- 25% of all pregnancies do not survive to a healthy live birth, most psychotherapists treating adults in their reproductive years will encounter this tragic experience. The ideal course of treatment is for the client to remain with his or her trusted psychotherapist as long as the therapist has basic competency in perinatal bereavement. This workshop will address best practice in the medical setting, medical terminology and procedures, patterns of perinatal grief, normal trajectory of grief, differential diagnosis including DSM 5 considerations, and psychotherapeutic interventions.

*Note: This session is only open to psychotherapists, in practice, working toward licensure, or in training/graduate school. Any mental health professional discipline including advance practice nurses are welcome.*



# PRECONFERENCE SESSIONS



## **2:00PM - 5:00PM: PRECONFERENCE SESSIONS #2**

### **THE WHO, WHAT, AND HOW OF ENSURING QUALITY PERINATAL BEREAVEMENT CARE IN AN ORGANIZATION: MARY BETH HENSEL, MBA**

Over the past decades, perinatal bereavement in health care has become an easily understood domain. Yet questions about how to establish and maintain such care remain relevant to those working to develop quality programs and services. This practical, evidence-based presentation includes how to build on and use change as a defining strategy as well as honing leadership thinking and skills. The theory of Guided Participation in Clinical Practice will create a common language and process for learning while demonstrating its fundamental role in program sustainability.

### **PERINATAL LOSS IN THE AA COMMUNITY AND THE ROADMAP TO HEALING A LEGACY OF LOSS: TERRI MAJOR KINCADE, MD AND KILEY HANISH, OTD, OTR/L**

Unless we are familiar with the route from previous experience, trips require roadmaps, now usually offered to us via satellite on our smart devices or in our cars. The roadmap presented by Drs. Major Kincade and Hanish serves a valuable purpose in our responses to African American families and their pain after childbearing losses. Their three-pronged approach--synopsis of the problem, the real story, and solutions--taken together form the map's elements, necessary for clarity in traveling what may be a brand-new path. Examples include how policies are worded and enacted, how staffing is assigned, and how systemic bias can be identified.

### **PERINATAL MOOD AND ANXIETY DISORDERS: AN OVERVIEW: BIRDIE GUNYON MEYER, RN, MA, PMH-C**

This preconference session will cover the many faces of Perinatal Mood and Anxiety Disorders (PMADs), signs and symptoms, and risk factors. Prevalence, screening tools and assessment, treatment options, and resources will also be discussed.

### **SUPPORT THROUGH COMMUNITY: A PERINATAL & INFANT LOSS SUPPORT MEETING WORKSHOP: CAROL MCMURRICH, EDM AND VICKI CULLING, BA, MA, PHD**

In this highly interactive workshop, participants will explore different styles of support groups and break down the different practical components of successful support meetings, including in-person and virtual. Participants will be introduced to and try themselves the elements that make up successful support meetings such as strong, safe introductions; clear, trauma-informed guidelines; handling challenges during discussion; and closing the meeting in a way that promotes continuing communication and community. After experimenting with different methods, participants will reflect on the different styles and approaches to support meeting facilitation and envision models that would best work within their own communities.

### **MINDFUL JOURNEYS: AN INNOVATIVE APPROACH TO HEALING FOR MOTHERS/PARENTS EXPERIENCING PERINATAL LOSS: DAVID M. STEINHORN, MD AND JANA DIN, BA**

This session will introduce the attendee to concepts of mindfulness and explain how a mindful state, in contrast to a state of emotional upheaval, can contribute to reconciling grief and achieving personal growth. The process of journeying to a quiet, mindful, internal place for self-reflection will be discussed as an introduction to transpersonal psychology. Tools for moving into a transpersonal space will be offered, including an experience of gentle drumming as a non-verbal way to achieve mindfulness.

# MAIN CONFERENCE SESSIONS

## **MAIN CONFERENCE SCHEDULE: THURSDAY, OCTOBER 13, 2022**

### **8:30AM - 9:45AM: MORNING OPENING PLENARY SESSION**

#### **UNNATURAL TRAGEDIES AND THE NATURE OF TRAUMATIC GRIEF: JOANNE CACCIATORE, PHD**

Little is understood about the nature and trajectory of traumatic grief in perinatal death. Current standards of practice, even in bereavement care, overlook the trauma inherent for many families after perinatal death. This session will review the biopsychosocial nuances of perinatal death and its relationship to traumatic grief. Participants will learn effective, immediate, and long-term caregiving and what trauma informed compassionate care looks like.

### **11:15AM - 12:15PM: CONCURRENT SESSION #1**

#### **HOPING FOR A MIRACLE: PALLIATIVE CARE . . . THE BEGINNING: BERNADETTE FLYNN-KELTON BSN, RN, IBCLC, RLC AND SUSAN STRASZYNSKI MSN, RN, RNC-OB, C-EFM, CPLC**

This presentation will provide attendees with the beginning steps to create an evidence-based palliative care program. Curriculum content will include methods for developing an interdisciplinary collaborative program to meet the individualized needs of families. Speakers will share personal experiences and methods used to create relationships with families and guide them through decision making and palliative care options. The presentation will conclude with a video documentation of a journey through preserving hope, birth, and death.

#### **MANAGING AMBIGUITY: CARING FOR A MOTHER EXPERIENCING A STILLBIRTH: NATASHA NURSE-CLARKE, PHD, RN**

This session will present the results of a recent dissertation study aimed at describing and conceptualizing the experiences and processes involved when labor and delivery nurses provide care to women experiencing a stillbirth. The theory, "Managing Ambiguity," emerged as the basic social process of how nurses struggle to care for a mother whose baby was stillborn. This theoretical underpinning summed up the substance of what was occurring when nurses cared for a mother experiencing a stillbirth and was characterized in three different categories: experiencing a spectrum of emotions, managing the ambiguous patient, and managing institutional ambiguity.

## **11:15AM - 12:15PM: CONCURRENT SESSION #1 (CONTINUED)**

### **BEYOND TRADITIONAL KEEPSAKES: CREATING INTANGIBLE MEMORIES THROUGH MEANINGFUL EXPERIENCES: HEATHER EPPELHEIMER, CCLS, CPLC**

There has been increased attention given to the importance of creating tangible keepsakes for families during bereavement. However, equal attention should be given to the importance of offering bonding opportunities through normalizing experiences and supporting family rituals. Myths, misconceptions, and personal biases can all be barriers in creatively adapting care and supporting the needs of families. This session will explore how care can be personalized through meaningful experiences and address how to work through potential barriers.

### **PERINATAL MOOD AND ANXIETY DISORDERS AND THE INTERSECTION WITH GRIEF AND LOSS: BIRDIE GUNYON MEYER, RN, MA, PMH-C**

Many institutions still do not teach basic knowledge of Perinatal Mood and Anxiety Disorders (PMADS), leaving patients without care and treatment and tragic consequences. This concurrent session will provide attendees the basic accurate knowledge of perinatal mood and anxiety disorders, treatment options, and resources available. As the title indicates, the presenter will focus on PMADS and their relationship to perinatal grief and loss, providing a specific context to the preconference on PMADS.

### **PERINATAL BEREAVEMENT CARE IN SCOTLAND: AN ETHNOGRAPHIC STUDY: DENISE CÔTÉ-ARSENAULT, PHD, RN, CPLC, FNAP, FAAN**

In this session the participant will learn about the ethnographic study conducted in Edinburgh, Scotland. Immersion in the culture of perinatal bereavement care, specifically through attending multiple support groups for bereaved parents and interviewing midwives who care for bereaved families in the hospital and community, led to new understanding of the influence a national health service in a culture other than the US has on post-loss care. Through photographs, case studies, policy analysis, and reflection on differences in approaches, the session features multiple implications for US care providers.

### **EFFECT OF PERINATAL PALLIATIVE CARE ON OUTCOMES OF FAMILIES OF CHILDREN WITH TRISOMY 13 AND TRISOMY 18: IRENE CHERRICK, MD**

The recommendations for care of children with Trisomy 13 and 18, as with other conditions has moved from a classic non-interventional approach to that of shared decision making based upon individual circumstances. The role of Pediatric/Perinatal Palliative Care in the care of these children is underutilized, especially during the perinatal period. This session will help participants become more aware of the current outcomes data for children with Trisomy 13 and 18 as well as the role of Pediatric/Perinatal Palliative Care from time of diagnosis and how this care affects outcomes.

## **2:00PM - 3:15PM: AFTERNOON PLENARY SESSION**

### **AN INTERACTIVE DISCUSSION WITH A PANEL OF EXPERTS: INNOVATIONS IN PERINATAL AND NEONATAL PALLIATIVE CARE: BRIAN S. CARTER, MD; EMILIE LAMBERG JONES, BSW, RN, C-EFM, CPLC, TERRI MAJOR-KINCADE MD, MEGHAAN R. NGUYEN, MSW, CCLS AND MODERATOR RANA LIMBO, PHD, RN, CPLC, FAAN**

PLIDA is proud to offer a multidisciplinary panel of known experts to present the latest research and clinical practice in perinatal and neonatal palliative care. Each presenter will speak individually and, as a group, respond to audience questions. With two physicians, advance practice and nurse researcher, child life specialist, and fetal therapy nurse both with additional training as a social worker as speakers, this unique educational experience promises to bring you new ideas, challenging reflections, and hope for growing competencies in caring for families who experience perinatal and neonatal palliative care.

## **3:30PM - 4:30PM: CONCURRENT SESSIONS #2**

### **CAREFARMING, ABUSED ANIMALS, AND THE NATURAL WORLD: THE SELAH MODEL FOR TRAUMATIC GRIEF: JOANNE CACCIATORE, PHD**

Most providers do not understand restorative spaces and therapeutic communities, taking a more individualized rather than socialized approach to traumatic grief. This session will introduce participants to a novel green care intervention to help those suffering the biopsychosocial effects of traumatic grief. Participants will explore the elements of restorative spaces and therapeutic communities.

### **FETAL CENTER CARE AND SUPPORT WHEN THE EXPECTED IS LOST: EMILIE LAMBERG JONES, BSW, RN, C-EFM, CPLC**

How can we take the concepts of perinatal palliative care planning and apply them to our care of all families after any fetal diagnosis? We'll discuss ways to support families as they identify their goals and individualize their care plans. Discussion will include guiding families through options for decision making during the pregnancy, fetal intervention, neonatal intervention, memory making during the pregnancy, and the role of fetal care coordination.

### **"I LOVE YOUR TINY HANDS, YOUR BRIGHT SMILE, YOUR BUPPIN NOSE" MUSIC THERAPY, BONDING, AND LEGACY BUILDING: MORGAN WOOD MT-BC**

Music is a powerful tool. It is ever present across all ages and cultures. When utilized by a board-certified music therapist, music can promote bonding, connection, legacy building, and healing for patients and their families. This presentation will explore the journey of a mother, her baby, and a music therapist during their time together at a pediatric hospital. The presenter will share the scope of music therapy treatment with this family, interventions used, personal experiences, and will explore clinician and staff coping with the death of a patient.

## **3:30PM - 4:30PM: Concurrent Sessions #2 (continued)**

### **PERINATAL LOSS: THE CRITICAL ROLE OF PLACE/BELONGING AND PROTECTION: ELIZABETH LEVANG, PHD AND CURTIS LEVANG, PHD**

Perinatal loss is often viewed as psychological trauma due to its far-ranging impact. We propose a new approach to perinatal loss that provides a necessary and valuable link between basic developmental needs and psychological trauma. This session will present a new paradigm of healing that will form a common understanding of the loss experience with the care team and improve the care of women and their families.

### **PERINATAL CARE CLINIC: ESTABLISHING A ROAD MAP FOR A FAMILY'S COMPLEX HEALTHCARE JOURNEY: SHEILA B. FRASCHT, RN, BSN, CHPPN, CPLC AND BRENDA HAAG, RN, BSN, CPN**

Perinatal Care Clinic (PCC) at University of Iowa Hospitals and Clinics (UIHC) utilizes a family care conference model to provide information to high-risk OB patients expecting a baby with a complex medical condition. This collaboration between the OB department and the children's hospital focuses on birth care planning and the development of a post-delivery plan of care. This team approach benefits patients, families, and care providers, and ensures meaningful conversations that will guide care that is most aligned with a family's goals of care for their baby.

## **MAIN CONFERENCE SCHEDULE: FRIDAY, OCTOBER 14, 2022**

### **8:15AM - 9:30AM: MORNING PLENARY SESSION: IN THEIR OWN WORDS: SUPPORTING THE SIBLING BOND: MEGHAAN R. NGUYEN, MSW, CCLS**

The bond between an unborn baby and siblings can develop prior to birth and continue even after death. In times of bereavement, families frequently seek guidance from staff in how to support the needs of surviving siblings. Recognition and support of the sibling bond is important in the process of meeting their needs. In this session, siblings will describe their relationship with their deceased sibling and share important parts of that relationship, which is remembered and valued throughout their lifetime.

### **PREGNANCY MANAGEMENT OPTIONS FOLLOWING A FETAL ANOMALY: HOW CAREGIVERS AND HEALTHCARE PROVIDERS CAN SERVE AS PATIENT ADVOCATE WHEN DISCUSSING TERMINATION: ARTI RAMDANEY, MS, CGC**

The finding of a fetal anomaly in pregnancy is often unexpected and may shatter a family's expectations for a normal pregnancy. In such circumstances, families face several decisions in management of the pregnancy, including the option to continue the pregnancy, adoption, and termination. This session aims to help participants better facilitate discussions on reproductive management options to patients and families in various situations and recognize barriers that exist for patients/families.

### **UNDERSTANDING PERINATAL PALLIATIVE CARE COORDINATOR ROLES: "MEETING THE FAMILY WHERE THEY'RE AT": DENISE CÔTÉ-ARSENAULT, PHD, RN, CPLC, FNAP, FAAN AND ERIN M. DENNEY-KOELSCH, MD, FAAHPM**

In this session, the results of an interview study of 12 expert perinatal palliative care coordinators from across the country will be presented. Using their overarching philosophy of care, the presenters will describe their goals for patient care, the tasks they undergo, and the roles they play in facilitating improved care for patients and families facing life-limiting prenatal diagnoses. In the final 15 minutes, participants will work through a case study as a care coordinator to understand implications for practice.

### **UNDERSTANDING NURSES' EXPERIENCES OF CARING FOR THE CHILD WHO IS DYING THROUGH A RELATIONAL ETHICS LENS: KARLIE DEANGELIS, RN, BNSC, MSCN**

Caring for children who are dying requires exploration to understand and validate the meaning of this lived experience for nurses. This session poses the question: What is the meaning of caring for a dying child for nurses within their ethical commitments and responsibilities? Guided by relational ethics and visual expression, five thematic patterns are presented: a) Careful cultivation of a team approach shapes end-of-life decisions; b) Resilience and affirming of self as nurse arise with alleviating suffering; c) Navigating sustained turmoil; d) Willingly sojourning in loving presence; and, e) Facilitating and valuing a family's role in their experience of end-of-life.

### **HOW TO RECOGNIZE AND DEAL WITH SHAME IN PREGNANCY LOSS: IRENA MILENTIJEVIC, PSYD**

Shame is an essential part of grieving that is often ignored. Currently, most of the focus is on grief following pregnancy loss, while women experience a range of feelings. In this session, Dr. Milentijevic will help participants to recognize and address shame in women after pregnancy loss.

### **PATERNAL PERINATAL MENTAL HEALTH DISORDERS AFTER PERINATAL LOSS: ELYSE SPRINGER, MA-CLP, LMFT, PMH-C**

Perinatal loss impacts fathers profoundly, but they do not always receive the kind of support they need. Gaps in knowledge around Paternal Perinatal Mental Health Disorders (PPMHD) and their intersection with perinatal loss, along with stigma and bias around men's experience of loss, impacts the whole family system, and has significant clinical implications for future pregnancies and childrearing. This session focuses on increasing participants' skill in recognizing, referring, and treating PPMHD following perinatal loss.

### **CLOSE TO HOME: PERINATAL PALLIATIVE CARE IN A COMMUNITY HOSPITAL: TAMMY RUIZ ZIEGLER BSN RN CPLC**

Community-based hospitals have unique characteristics which could be optimized to provide excellent perinatal palliative care to the families who live close by. Have you dismissed the idea of starting a perinatal palliative support service in your medium or small city? Come learn why the community setting might be an excellent place to provide comprehensive, family centered, affordable, compassionate and competent palliative care to babies born to the families in your area. Presentation based on presenter's article published in Advances in Neonatal Care Special Series, June 2020.



## **MAIN CONFERENCE SCHEDULE: FRIDAY, OCTOBER 14, 2022 (CONTINUED)**

### **2:00 PM - 3:15PM: PLENARY SESSION #5: "LOVING WYATT: A JOURNEY THROUGH INFANT LOSS AND RECURRENT PREGNANCY LOSS": MANDY KELSO, AUTHOR**

Join author and artist Mandy Kelso as she describes the many phases and faces of grief experienced after child loss and through years of recurrent pregnancy losses (12 miscarriages over the course of 4 years). She will read excerpts from her book entitled *Poems for Wyatt* (published November 2018) and share original artwork produced throughout her family's ongoing grief and transformation. Mandy and her husband, Robbie Kelso, will engage with audience members in a conversation that will add depth and meaning to their story told through art, poetry, and rich narrative.

### **3:30PM - 4:30PM: AFTERNOON CONCURRENT SESSIONS #4**

#### **CREATING A SELF-CARE ROADMAP TO BUFFER SECONDARY TRAUMA: KILEY HANISH, OTD, OTR/L AND JODIE HNATKOVICH, LPC, PMH-C, CPLC**

Providers caring for bereaved parents often feel like they have failed when they experience secondary trauma. However, burnout and compassion fatigue are a common occurrence when serving families that experience perinatal loss. This session addresses the prevalence and normalcy of secondary trauma among health providers and offers tangible ways for them to support themselves WHEN it happens to them. Acknowledging that self-care looks different for everyone, the goal is to assist providers in building a road map or 'plan' for implementing self-care.

#### **INCREASING CULTURAL HUMILITY IN CLINICAL PRACTICE WITH TRANSGENDER AND NON-BINARY INDIVIDUALS: KAITLYN O'DONNELL, MSW, LCSW**

In clinical practice with transgender and non-binary individuals, a population who has been historically marginalized and mistreated, it is vital for all professionals to practice from a place of awareness and cultural humility. This presentation establishes foundational knowledge for educated, affirming interactions with transgender and non-binary individuals, with the goal of improving care settings and organizational environments. By learning relevant terminology, statistics about disparities faced by this population, and tangible skills for improving clinical practice and environments, we move toward a more inclusive, equitable future.

#### **PSYCHOLOGICAL OUTCOMES FOLLOWING PREGNANCY LOSS: AGATA FREEDLE, MA, LPC, NCC**

Historically, research has focused on parental grief reactions and affective responses following pregnancy loss. Extant literature shows that women can experience negative mental health outcomes following pregnancy loss such as symptoms of depression, anxiety, and acute and posttraumatic stress disorder. However, there is a growing recognition that in order to fully understand the psychological outcomes following a traumatic event, negative as well as positive transformations the individual may undergo need to be considered. This presentation will focus on increasing participants' understanding of differential outcomes following pregnancy loss.

#### **ARAB MUSLIM IMMIGRANTS' PERCEPTIONS OF PERINATAL LOSS CARE IN THE USA: MARIANNE H. HUTTI, PHD, WHNP-BC, FAANP, FAAN**

In the US, Islam is the fastest growing religion, and women of color and women who are immigrants from developing countries are at highest risk of perinatal loss. Cultural values have a major influence on the significance and impact of the loss for parents. This session will review literature-supported Islamic perspectives on fetal and infant death, bereavement, and mourning rituals. These will be compared with the perceptions of 79 Arab Muslim adult immigrants who completed an investigator-developed survey regarding US perinatal bereavement practices. Participants will compare the study findings to the literature to determine discrepancies and suggestions regarding care.

#### **CAPTURING THE VOICES OF BEREAVED PARENTS: THE CREATION OF VIDEOS TO EDUCATE HEALTHCARE PROFESSIONALS ON SKILLED AND COMPASSIONATE BEREAVEMENT CARE: MICHELLE LA FONTAINE, BAA, CLS AND MEGAN FOCKLER, RN MPH**

In order to advocate for an increased incorporation of the lived experience of bereaved parents in educational strategies, PAIL Network created three new videos in 2019 where families were asked about their experiences of both helpful and hurtful bereavement care. The first Canadian videos of their kind, they allow professionals to hear directly from families and to advance best practice and quality improvement in education while engaging with families as partners. In this session, participants will explore how incorporating the parent voice into all aspects of perinatal bereavement education supports best practices and creates opportunities to improve their own bereavement care for families.

## **MAIN CONFERENCE SCHEDULE: SATURDAY, OCTOBER 15, 2021**

### **9:00AM - 10:15AM: CLOSING PLENARY SESSION: REDUCING THE "COST OF CARING" AFTER PERINATAL LOSS: MARIANNE H. HUTTI, PHD, WHNP-BC, FAANP, FAAN**

Caring for families who have experienced the trauma of losing a much-loved baby through miscarriage, stillbirth, or newborn death may be difficult and heart-wrenching. This work affects the emotional, physical, and spiritual aspects of clinicians' lives. Clinicians must nurture and care for themselves, as well, to make sure the personal cost of such caring is not excessive. This session will review the research related to perinatal loss and compassion fatigue symptoms, risk and protective factors, and provide practical, innovative suggestions for self-care to enable clinicians to continue with this critically important and tender work.

**Rural Perinatal Loss: A Needs Assessment**

Julie S. Domogalla, MS

**Using Creative Expression with Grieving Parents and Families**

Holly Farmer, MA, LMHC and Lisa Haines, MSW

**Professional Boundaries: When Lines Blur Between the Professional's Power and the Families Vulnerability**

Judy Friedrichs DNP, RN

**Returning to Duty Following Perinatal Loss**

Jamie Gilchrist BSN, RNC-OB, CPLC

**Adolescent Bereavement: A Developmentally Appropriate Approach**

Stephen Gillenwater, MA, LCSW

**Perinatal Palliative Care with Trisomy Families: Examining the Spectrum of Values Guided Experiences through a Case Series**

Elizabeth Goudie, LMSW, APHSW-C and Patricia Keefer, MD, FAAHPM

**Top 10 Pearls of Growth and Healing After Pregnancy and Infant Loss**

Kiley Krekorian Hanish, OTD, OTR/L

**Remembrance Photography as a Best Practice in Perinatal Loss Populations**

Gina Harris, MNM and Missy Thomas, MSA

**Factors Predicting Post-Mortem Evaluation After Stillbirth**

Carrie Henry, MSN, CNM, Melinda Higgins, PhD, MS and Mi-Kyung Song, PhD, RN, FAAN

**Pregnancy and Infant Loss: A Survey of Families' Experiences in Ontario, Canada**

Michelle La Fontaine, BAA, CLS and Megan Fockler, RN MPH

**Parents' Experience of Continuing a Pregnancy after the Diagnosis of a Fetal Life Limiting Condition: A Qualitative Systematic Review**

Stephanie J. Lelond, RN BN CNS, Graduate Student and Dr. Roberta Woodgate, RN, PhD, CRC Tier 1

**Pregnancy after Perinatal Loss**

Joann O'Leary, PhD, MPH, MS

**The Ripple Effect of Perinatal Loss: Impact on Grandparents and Adult Siblings**

Joann O'Leary, PhD, MPH, MS and Annette Klein RN

**Post-traumatic Stress Following Early and Late Pregnancy Loss: Risk Factors, Implications for Care Through the Subsequent Pregnancy and Opportunities for Post-Traumatic Growth**

Deborah Rich, PhD, LP

**Poppy's Dream - Milk Donation after Loss**

Susan Urbanski, CLS

**The Pregnancy Research Project: Your Role in Improving Pregnancy Care**

Lindsey J. Wimmer, CPNP, PHN, CPLC

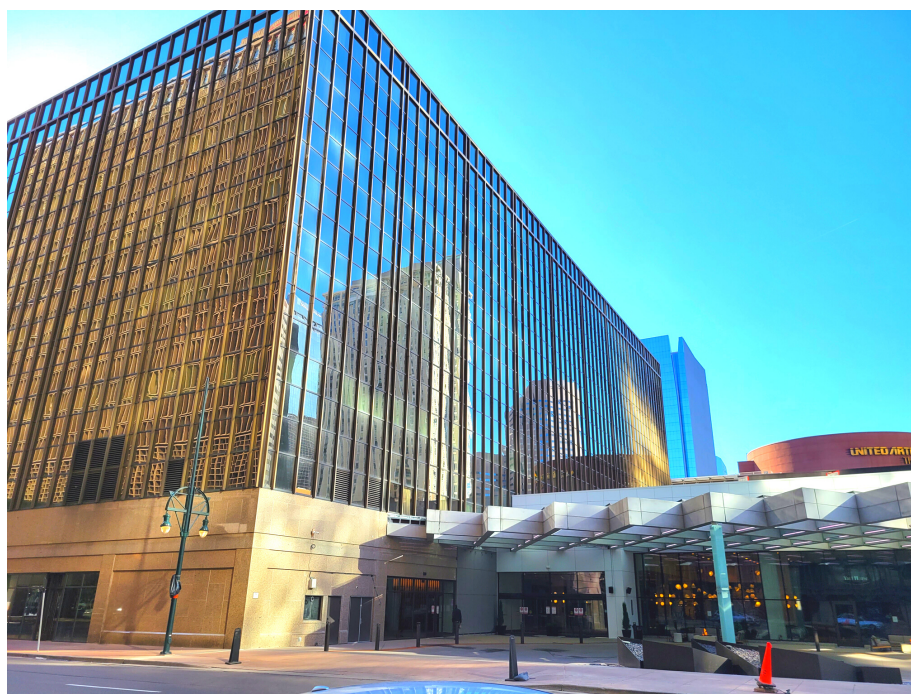
# WELCOME RECEPTION



For the first time in IPBC history, the Welcome Reception will be included with each main conference registration! All registered conference attendees are invited to join us the evening of Wednesday, October 12th at the IPBC host Sheraton Denver hotel to meet, engage and mingle with fellow attendees. This is the perfect opportunity for attendees to network, reconnect, and get acquainted in the beautiful hotel with hors d'oeuvres and a cash bar.

*\*Should you wish to invite guests tickets are available for purchase through conference registration. Exhibitors are welcome to attend and can purchase tickets through their exhibitor application.*

October 12, 2022  
6:30 PM – 9:00 PM



*Network . Reconnect . Community .*

# PRESIDENT'S RECEPTION

We are pleased to bring back an opportunity to attend a special President's Reception at IPBC 2022 in Denver, Colorado, honoring four well known perinatal bereavement pioneers:



Dr. Joanne Cacciatore



Dr. Brian Carter



Dr. Terri Major-Kincade



Dr. Rana Limbo

This special event is an intimate gathering designed to provide a time and space in a relaxed environment to honor these pioneers who have helped make traumatic grief, health equity, ethics, perinatal and neonatal palliative care essential to the understanding of perinatal bereavement, founded internationally recognized education and services for the bereaved and those who care for them, established significant programs of research, and worked within national organizations to create innovations to credentialing. All have made significant contributions to the literature and clinical practice, including the books they are signing at the book signing reception on Friday, October 14th.

***Those who register early for IPBC 2022 will be entered into a random drawing for the opportunity to attend this special event!***



# BOOK SIGNING RECEPTION



PLIDA is honored to host a book signing reception Friday, October 14, 2022 from 4:30PM–6:30PM.

Authors participating in the Book Signing include:

- Joanne Cacciatore, PhD
- Brian S. Carter, MD
- Rana Limbo, PhD, RN, CPLC, FAAN
- Terri Major-Kincade, MD, MPH, FAAP



Enjoy hors d'oeuvres and cash bar while interfacing with the authors and editors. The book signing reception is a great opportunity to meet published perinatal experts and have your book personally signed. Books are available through the conference book store and select exhibitors.

*\*Book Authors and/or Editors: By Invitation Only.*

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- Social Feeds





# LODGING - SHERATON DENVER DOWNTOWN



Located on 16th Street Pedestrian Mall, Sheraton Denver Downtown Hotel is minutes from shopping, dining & entertainment. The Light Rail is close by, making for an easy arrival from the Denver International Airport. With Sheraton Denver Downtown Hotel as your home base, the city is yours to explore. Nearby attractions include the Denver Art Museum, Denver Zoo, Union Station Denver, and Coors Field. Sheraton Denver Downtown offers ample amenities including redesigned guest rooms, a heated outdoor rooftop pool, 5,000-square-foot Fitness Center and multiple dining options. With 300 days of sunshine a year, the friendly, laid-back city of Denver invites you to come out and explore. Embrace the arts and sustainable food scene, tour local breweries and distilleries, or discover endless bike trails. Denver is the entertainment and cultural capital of the western Rocky Mountains.

## Sheraton Denver Downtown Hotel

1550 Court Place, Denver Colorado 80202  
303-893-3333

### **Group Room Rate: \$229.00**

This rate is available during the dates of:  
10/10/2022 - 10/16/2022.

BOOK  
YOUR  
ROOM  
NOW



## TRANSPORTATION: AIRPORT TO HOTEL

This hotel does not provide shuttle service, however the University of Colorado A Line (A Line) is PLIDA's recommended mode of transportation from the airport to the hotel. This is the most inexpensive way to travel to downtown from the Denver airport.

- A Line: \$10.50 from the airport to downtown
  - [www.rtd-denver.com/fastracks/a-line](http://www.rtd-denver.com/fastracks/a-line)
  - Union Station itself is a beautiful 1914 Beaux-Arts building and the location of a number of hip, locally owned restaurants, bars, shops and a boutique hotel, The Crawford Hotel .

Other options for transportation from the airport include:

- Estimated taxi fare: \$60 (one way)
- Car rental: On-site parking, fee: \$12 hourly, \$40 daily
- Uber/Ride Sharing





# THINGS TO DO IN DENVER



Denver, the mile-high city nestled in the foothills of the Rocky Mountains, offers picture-postcard views of the mountains and an abundance of fall colors. The city houses so much rich history, architecture, and culture, and can be experienced in every block within the downtown. Whether you're traveling to the PLIDA conference solo, with a group of colleagues, or your family, Denver will not disappoint!

## UNION STATION



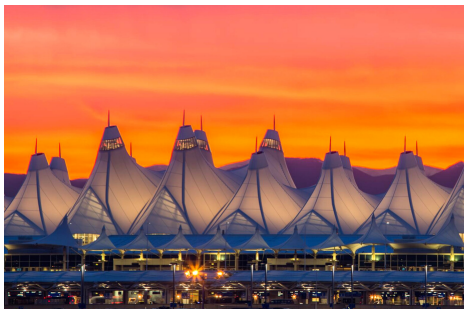
## MUSEUMS AND AQUARIUM



## TRAILS



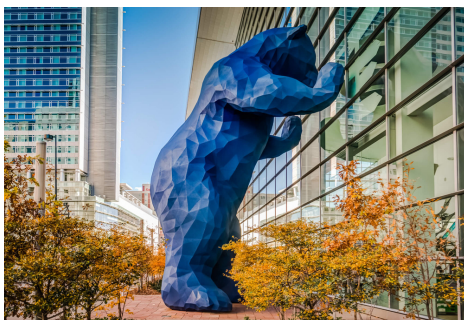
## AIRPORT



## SHOPPING AND NIGHTLIFE



## SIGHTSEEING



## RESTAURANTS





### ***What is the cost of parking at Sheraton Denver Downtown?***

Parking onsite at Sheraton Denver Downtown is \$12/hour; \$40 for the day. In addition, there are many apps available that offer parking at a discounted rate, including spothero.com, way.com, bestparking.com, and others!

### ***What is the main source of public transportation in Denver?***

Whether you arrive by plane, train, bus or automobile, it's easier than ever to get around Denver. Denver International Airport (DEN) is widely recognized as one of the best and easiest-to-navigate airports in the country, with multiple options for ground transportation once you land, including buses provided by the city's public transport system, Regional Transportation District (RTD); taxis; rideshares; commercial shuttles; rental cars; charter buses; and the University of Colorado A Line rail **[PLIDA recommended mode of transportation]** that transports passengers directly to Denver Union Station in the heart of downtown Denver. Once you're downtown, take advantage of Denver's many public transportation options, including the RTD bus and light rail system and the free MallRide on Denver's pedestrian 16th Street Mall, to get wherever you need to go. You'll also find plenty of private operators offering all sorts of transportation options, from buses and coaches to pedicabs and scooters.

### ***What is the International Perinatal Bereavement Conference?***

Pregnancy Loss and Infant Death Alliance (PLIDA) offers this international conference biennially as an opportunity for networking and gaining education for those who support bereaved families.

### ***Who can earn continuing education?***

Yes, CE credits are available for physicians, nurses, social workers, mental health professionals, genetic counselors and more.

### ***Who is the conference audience?***

This conference will appeal to any professional who provides care to families experiencing a perinatal death or who engages in research in the field including obstetricians, maternal fetal medicine physicians, neonatologists, palliative care physicians, advanced practice nurses, midwives, physician assistants, nurses, social workers, genetic counselors, ultrasonographers, chaplains, funeral directors, childlife specialists, lactation consultants, psychologists, childbirth educators, policy makers, program administrators, researchers, professors, and parent advocates, among many others. In addition, bereaved parents, themselves, participate in the conference in the role of parent advocates who may work in advocacy, lay support and who may hold a dual role as both patient and researcher or practitioner.

### ***Where do attendees pick-up their badge and convention materials?***

All conference activities will be held onsite at Sheraton Denver Downtown Hotel. Look for the registration table!

### ***Does full conference registration rate include the preconference options?***

No, the preconference options are selected on the registration form and paid for according to the amount listed.

### ***What does registration include?***

- Admission to the Welcome Reception
- Access to all plenary and concurrent presentations. Please note that Wednesday preconference sessions are an additional fee
- Access to the special events, including book signing reception
- Access to exhibit hall, poster presentations, bookstore, and quiet reflection room
- Access to written materials provided by the presenters
- Free Wi-Fi throughout the conference space
- Continental breakfast and coffee breaks

### ***What type of experience can an attendee expect at the conference?***

The conference provides enriching presentations combined with networking, visiting with old friends, making new friends and connections, and enjoying the attractions in Denver. Centrally located with an international airport, there truly is something for everyone.

### ***What is the dress code?***

Business casual. You may want to consider dressing in layers to account for the transition from air-conditioned meeting rooms to the outdoor areas of Sheraton Denver Downtown.

### ***What is the contact information for PLIDA?***

P.O. Box 826, Castle Rock, CO 80104

888-693-1435

members@plida.org

www.plida.org