

Pregnancy Loss and Infant Death Alliance (PLIDA)

Presents

21st International Perinatal Bereavement Conference

Meet Us in St. Louis

October 24, 2018 - October 27, 2018
Union Station Downtown
St. Louis, Missouri



www.plida.org

Please Join Us

This year will mark the 21st International Perinatal Bereavement Conference. We invite you to attend this one-of-a-kind event, specially designed to bring together professionals and parent advocates in a relaxed and communal setting. It is the only international conference devoted solely to the understanding of perinatal bereavement, meaning the death of a baby during pregnancy, at birth, or in the first weeks or months of life. In addition this year we are addressing the alarming rise in maternal death, maternal mental health and much more.

What makes the conference unique? Most notable is that we are committed to the model of evidence-based care that includes research, personal experience, and bereaved family narratives. For those of you seeking funding for conference registration, it is important for you to share with those making funding decisions that PLIDA links research evidence with care at the bedside. We have provided on our conference website a template for a letter you may wish to use as the basis for a funding proposal.

Additionally, this remarkable conference provides a wide variety of opportunities to engage, learn, and be inspired. Preconference, plenary, concurrent, and poster sessions offer a wide array of learning opportunities. Outstanding plenary speakers include Terri Major Kincade (opening keynote), Brian Carter, Denise Côté-Arsenault, June Hanke, Diane Sanford, and Kathie Kobler (closing keynote). As well, the planning committee has arranged networking and casual get-togethers for you during our time together.

With so many wonderful things to see and do in St. Louis, the new additions at Union Station capture the essence of history, fun and entertainment that the city offers. Convenient, easily accessible and nearby downtown attractions like City Museum and the Gateway Arch grounds are just a few to include on your itinerary.

We invite you to contact our superb operations manager, Rossana Urbina at rossana.urbina@plida.org with any questions. Rossana will also be onsite to welcome you and assist with registration.

We look forward to meeting you and wish you an extraordinary conference experience.

See you in St Louis, October 24, 2018.

With gratitude,
Gina Leigh Jones, RN, CPLC
PLIDA President
Conference Co-Chair

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PLIDA's Mission

PLIDA stands for the Pregnancy Loss and Infant Death Alliance. PLIDA serves as a leader in perinatal and neonatal bereavement care. We do this through education, advocacy and networking for health care providers and parent advocates. We promote the highest quality of consistent evidence based care for all families.

We express our mission through professional continuing education, the establishment of position statements and practice guidelines, unified response to issues in the media or legislation, and by creating a network for professionals to share questions, resources, insight and support.



Stay connected to PLIDA and the conference.

Conference Contributors

Thank you to the planning committee and conference co-chairs for their dedication to ensuring this conference is an educational and networking experience for all attendees. The conference committee would like to extend a thank you to the contributing members:

Conference Co-Chairs

Gina Leigh Jones, RN, CPLC

NICU, Children's Memorial Hermann Hospital & PLIDA Board President
Houston, TX

Catherine Lammert, RN, CPLC

Perinatal Bereavement Consultation
St. Charles, MO

Consultants

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Milwaukee, WI

Rana Limbo, PhD, RN, CPLC, FAAN

Resolve Through Sharing, Gundersen Medical Foundation, Inc. & PLIDA Past President
La Crosse, WI

Conference Planning Members

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Onsite Neonatal Partners & PLIDA Board Member
Dallas, TX

Jenna Petro

Grieve Out Loud Pregnancy & Infant Loss Support Network & PLIDA Board Secretary
Montello, WI

Deborah Rich, PhD, LP, CPLC

Shoshana Center for Reproductive Health Psychology
Minneapolis, MN

Registration All registrations will be conducted online.

Registration Type	Early Rate (9/14/18)	Regular Rate
<i>Preconference</i>		
Member/Non Member	\$120 Half Day \$220 Full Day	\$150 Half Day \$300 Full Day
<i>Main Conference</i>		
Member	\$499	\$599
Single Day (Thurs or Fri)	\$300	\$400
Non Member	\$699	\$799
Single Day (Thurs or Fri)	\$400	\$500
<i>Welcome Reception</i>	\$50.00 (includes hors d'oeuvres and two drink tickets)	

Register ►►

<http://www.cvent.com/events/21st-international-perinatal-bereavement-conference/event-summary-1f6a1a5019ca46559ae9cff2be059152.aspx>

Receive Discounted Conference Rates!

Make sure your PLIDA Membership is active to receive this member rate on conference fees.

Need to Renew? [Click here](#) or visit www.plida.org

Questions? Contact Rossana.Urbina@plida.org with your questions.

Fees include attendance at all conference sessions, plus breakfast and lunch, on the days for which you are registered. In addition, preconference fees include breakfast for attendees registered for morning or full-day preconference sessions. Your registration also includes all conference materials and access to the exhibits and poster area. To receive the early registration rates, your registration must be completed online by August 30, 2018. This date is firm, with no exceptions.

Payment: Credit card is the preferred method of payment. Should you have any issues with this method or other registration questions, please contact Rossana Urbina, rossana.urbina@plida.org.

Cancellation policy: Full refunds, less a \$100 processing fee, are available only before

September 23, 2018. If you are transferring your registration to a colleague, a \$50 transfer fee applies. In order to receive a refund or transfer, you must notify conference management in writing by September 23, 2018 by emailing Rossana Urbina at rossana.urbina@plida.org. If you do not cancel or transfer by this date, payment in full is still due, even if you do not attend the conference.

Special Accommodations: In accordance with the Americans with Disabilities Act, Gundersen Medical Foundation seeks to make this conference accessible to all. If you have a disability that might require special accommodations, please e-mail your needs to Rossana Urbina (rossana.urbina@plida.org) or call her at 888-693-1435.

If you have questions or grievances, please contact rossana.urbina@plida.org.

Objectives

Participants will be able to

- a. Explore relational aspects of perinatal bereavement care.
- b. Describe innovative clinical and advocacy implications in caring for families when their baby dies.
- c. Develop skills for working within an interprofessional team when providing care for bereaved families.
- d. Describe principles and practice of self-care.
- e. Discuss transformation as applied to processes of grieving.
- f. Provide opportunities for relationship building among parent advocates, caregivers and researchers.
- g. Discuss ways of translating research findings into clinical practice.
- h. List two potential causes of disparity in neonatal mortality rates among varying populations.

Purpose

To engage in educational and networking opportunities for those who support bereaved families.

Audience

This conference will appeal to any professional who provides care to families experiencing a perinatal death or who engages in research in the field including obstetricians, maternal fetal medicine physicians, neonatologists, palliative care physicians, advanced practice nurses, midwives, physician assistants, nurses, social workers, genetic counselors, ultrasonographers, chaplains, funeral directors, child life specialists, lactation consultants, psychologists, childbirth educators, policy makers, program administrators, researchers, professors, and parent advocates, among many others. In addition, bereaved parents, themselves, participate in the conference in the role of parent advocates who may work in advocacy, lay support and who may hold a dual role as both patient and researcher or practitioner.

Contributing Committee Members

Patti Budnik, RN BSN, CPNL
Share Pregnancy and Infant Loss Support, Inc., St. Charles, MO

Rebecca Carter, MS, CGC Genetic Counselor
University of Texas Medical School at Houston (PLIDA Board Member)

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Moshe Winograd, PhD, Postdoctoral Fellow
Coastal Behavioral Health LLC, Wilton Manors, FL

Plenary Speakers



Plenary Session #1: Terri L. Major-Kincade, MD, MPH, FAAP

Accepted, Anticipated and Negated: The Paradox of Repetitive Perinatal Loss in the African American Community: A Health Disparities Perspective

Dr. Major-Kincade has practiced Pediatrics/ Neonatology for the past 20 years. She is currently in private practice in Dallas and has chaired the Neonatal Palliative Care Team at the Texas Health Resource in Dallas. In this session, Dr. Kincade will explore the issue of persistent disproportionate perinatal and neonatal loss in African American communities through a historical lens and the latent physical, psychological and emotional tolls this disparity has on both parents and caregivers. How do we address that which seems to have become the norm?



Plenary Session #2: June Hanke, MSN, MPH, RN

Maternal Mortality and Morbidity - Current Status, and Care of Families and Providers Following a Severe Maternal Event

June Hanke, MSN, MPH, RN, is Strategic Analyst and Planner for the Harris Health System and compiles health statistics and provides GIS mapping of health indicators. Her academic focus is on international maternal health and health policy, while her clinical nursing experience has been in maternal and infant health. The high maternal mortality and morbidity rates in the United States have been gaining attention across the nation. Along with the high rates, there is a significant disparity in the rate of death and morbidity for African American women. Hanke's presentation will present data related to maternal mortality and morbidity, prevention initiatives and will present research supporting individualized care for patients, families and providers following a severe maternal event.



Plenary Session #3: Diane Sanford, PhD, MS

When Loss Becomes More than Grief: The Differences between the Normal Experience of Loss, Complicated Grieving and Clinical Depression

Diane Sanford, PhD, MS, is a licensed clinical psychologist and an internationally recognized expert in perinatal mood and anxiety disorders (PMAD). In addition to her private practice, she is an adjunct faculty member in the School of Public Health at St. Louis University. In this session, Dr. Sanford will present research highlighting the unique family loss experiences, along with varying interventions that a care provider may offer to appropriately support women and their families.



Plenary Session #4: Brian S. Carter, MD

Liminality & Accompaniment in the Context of Perinatal Palliative Care

Brian S. Carter, MD, is a practicing neonatologist and Gulf War veteran. His clinical and academic career has revolved around neonatology, bioethics, and palliative care. Dr. Carter has been recognized for his work in pediatric palliative care and published over 100 peer-reviewed articles, 3 books, and 30 book chapters. He is past-Chairman of the AAP's Section on Hospice & Palliative Medicine. Dr. Carter will discuss how clinical encounters and care around loss are "Liminal Events" wherein patients and families are betwixt and between states of variable health, wellness and being secure with their future can be addressed by "Accompaniment" by clinicians being present, attending to, and traveling with them.



Plenary Session #5: Denise Côté-Arsenault, PhD, RNC, FNAP, FAAN

Using Theoretical Perspectives to Improve Care for Bereaved Families

Denise Côté-Arsenault, PhD, RNC, FNAP, FAAN, is a full-time nursing educator, teaches courses in qualitative research, and has 30 years of experience in the care and research of women's experience of perinatal loss. Dr. Côté-Arsenault has extensive experience writing and reviewing educational program materials, specifically for the New York State Nurses Association. She is the Principal Investigator on the study which will be presented at this session, has over 20 publications, and has had 2 funded NIH studies. Theoretical perspectives that are relevant in understanding perinatal bereavement will be presented. A case study approach will be used to demonstrate each theory's usefulness in delivery of best care.



Plenary Session #6: Kathie Kobler, PhD, APN, PCNS-BC, CHPPN, FPCNa

Tracing Rainbows through the Rain: Reconnecting to Purpose in Our Work

Kathie Kobler, PhD, APN, PCNS-BC, CHPPN, FPCNa is an Advanced Practice Nurse with 30 years of experience caring for infants and children with life-limiting conditions and their families. Dr. Kobler is an APN Coordinator of Pediatric Palliative Care and Center for Fetal Care programs at Advocate Children's Hospital, is a Past President of the Hospice & Palliative Credentialing Center (formerly known as NBCHPN) and the 2015 Co-Chair of the National Pediatric Hospice & Palliative Care Collaborative. Health care professionals bear much in mind and heart as they bear witness to families experiencing perinatal/neonatal death. In this session, Dr. Kobler will honor professionals' lived experiences, and explore ways to promote grounding, reflection, and resiliency in daily practice.

Schedule Overview

1275 mins total = 21.25 Clock Hours,
25.50 Contact Hours or 2.55 CEUs

Tuesday, October 23, 2018

5:00PM - 7:00PM Registration Opens

Preconference Schedule - Wednesday, October 24, 2018 (525 minutes total)

7:00AM - 8:00PM Registration Open
7:00AM - 7:45AM Continental Breakfast for preconference registrants
8:00AM - 12:00PM **Preconference Session #1** (240 minutes)
12:00PM - 1:30PM Lunch (on your own)
1:30PM - 5:00PM **Preconference Session #2** (210 minutes)
5:00PM - 9:00PM Exhibits Open
6:00PM - 6:15PM Welcome and Opening
6:15PM - 7:30PM **Opening Session (Plenary Session #1: Terri L. Major-Kincade, MD, MPH, FAAP)** (75 min)
7:30PM - 9:00PM Welcome Reception (additional cost of \$50.00 /ticket)

Main Conference Schedule - Thursday, October 25, 2018 (270 minutes total)

7:00AM - 4:30PM Registration Open
7:30AM - 6:00PM Exhibits Open
7:15AM - 8:15AM Continental Breakfast
8:15AM - 8:30AM Welcome and Opening
8:30AM - 9:45AM **Opening Session (Plenary Session #2: June Hanke, MSN, MPH, RN)** (75 minutes)
9:45AM - 10:15AM Break
10:15AM - 11:15AM **Concurrent Session #1** (60 minutes)
11:15AM - 12:35PM Lunch, Poster Presentations, Networking
12:35PM - 12:45PM Announcements
12:45PM - 2:00PM **Plenary Session #3: Diane Sanford, PhD** (75 minutes)
2:00PM - 2:30PM Break - Poster Presentations
2:30PM - 3:30PM **Concurrent Session #2** (60 minutes)
3:45PM - 4:45PM PLIDA Meeting (all welcome)
5:30PM - 7:00PM Presidents Reception (by invitation only)

Friday, October 26, 2018 (405 minutes total)

6:30AM - 7:45AM **Sunrise Cinema** (75 minutes)
7:00AM - 5:00PM Registration Open
6:15AM - 8:00AM Continental Breakfast
7:30AM - 5:00PM Exhibits Open
8:00AM - 8:15AM Welcome and Opening
8:15AM - 9:30AM **Opening Session (Plenary Session #4: Brian S. Carter, MD)** (75 minutes)
9:30AM - 10:00AM Break
10:00AM - 11:00AM **Concurrent Session #3** (60 minutes)
11:00AM - 12:20PM Break, Lunch, Poster Presentations
12:20PM - 12:30PM Announcements
12:30PM - 1:45PM **Plenary Session #5: Denise Côté-Arsenault, PhD, RNC, FNAP, FAAN** (75 minutes)
1:45PM - 2:15PM Break, Final Time for Poster Presentations
2:15PM - 3:15PM **Concurrent Session #4** (60 minutes)
3:15PM - 3:30PM Break
3:30PM - 4:30PM **Concurrent Session #5** (60 minutes)
4:30PM - 5:30PM Book Signing Reception
5:30PM Exhibits and PLIDA Place Close

Saturday, October 27, 2018 (75 minutes total)

7:00AM - 12:00PM Registration Open
7:00AM - 8:00AM Yoga
8:00AM - 9:00AM Full Breakfast
9:00AM - 10:15AM **Plenary Session #6: Kathie Kobler, PhD, APN, PCNS-BC, CHPPN, FPCN** (75 minutes)
10:15AM - 10:30AM Conference Closing
11:15AM - 6:15PM Historic St. Charles and Angel of Hope Visit and Service

Preconference Speakers and Sessions

Life Course Perspective Workshop: The Paradox of Ongoing Loss, Infant Mortality and Health Disparities in the African American Community: A Practical Framework for Solutions in the area of Perinatal Bereavement Support

Terri L. Major-Kincade, MD, MPH, FAAP

African American families experiencing perinatal/neonatal loss receive/access a decreased amount of perinatal/neonatal bereavement services as compared to other families. Dr. Major-Kincade will address the historical, structural and systems-related barriers. Participants will take an implicit bias survey, identify barriers in their institutions and develop an action plan to improve outreach efforts to support African American families who experience perinatal and neonatal loss.

Life, Death and Birth: A Collaborative Journey-Ethics Case Study (Ethics Hours = 4 hours)

Leah Blackwell, RN; Brian S. Carter, MD; Paige DelCastillo, RNC-OB; Akwugo Efi ezule, MD;

Patricia A. Heale, DNP, RNC-OB, C-EFM; Lisa Holwerda, RN and Sandra Uribe, RN

Somatic survival to prolong fetal gestational age and promote fetal well-being when the mother has a Traumatic Brain Injury (TBI) is a rare occurrence, and few clinicians have experienced such a situation. The objectives of this session are to provide participants with the knowledge to be able to care for the mother with a TBI while prolonging gestation to ensure the best fetal outcome and basic ethics principles to resolve the dilemma of beneficence for the baby and non-maleficence for the mother. Walk through this case with a meandering path that seems to have brought a measure of good to many people in need. However, at what cost? In collaboration with the interdisciplinary team from Children's Memorial Hermann, Dr. Brian Carter will facilitate this complex and thought provoking case.

Creating Keepsakes and Planning Meaningful Remembrance Ceremonies

Rose Carlson, BS, and Yolanda King, MSW

Carlson and King will give concrete examples of how care providers can improve the way they present memory-making options to their patients and will take participants step-by-step through the process of planning and hosting memorial events that honor babies and families. A key aspect of this workshop is using the principles of comparative effectiveness research (CER) to emphasize how crucial it is for caregivers to consistently provide choices to their patients that honor not only babies, but also their families' need to parent in meaningful ways.

Writing for Publication

Beth Perry Black, PhD, RN, FAAN and Patricia Moyle-Wright, PhD, CRNP, CNS, CHPN, CNE

Despite a desire to write and publish, many aspiring authors lack understanding in how to proceed with the development of a written product from idea to publication. Those who attend this workshop, participants will be able to: Describe the type of written product they want to develop, list 1-2 potential venues for dissemination of their work, set a timeline for development of their written product and have had the chance to write and critique their own timed short writing assignment to gain skills and confidence in assessing their own work. Limited to 15 attendees.

Pregnancy Loss and Newborn Death for Psychotherapists: Research Updates and Clinical Interventions.

Deborah Rich, PhD, Licensed Psychologist, CPLC

The unique information and skill required by this specialty is generally not covered in standard graduate school or post graduate training. This workshop will provide practicing therapists with medical terminology, current research on psychological outcomes and skills practice. Participants will leave with increased resources and collegial networks to improve patient care.

Parent Care/ Self Care: How to Provide Quality Bereavement Care and Cultivate Your Own Sense of Calm, Resilience, and Professional Fulfillment

Deborah L. Davis, PhD and Vickie Culling, BA, MA, PhD

Quality bereavement care is heartfelt work that puts care providers at special risk for burnout. This transformative workshop explores the what, when, why, and how to cultivate resilience. It starts with how to think about perinatal bereavement care, and offers a paradigm shift that connects what's best for parents with what's best for caregivers. Participants will learn how to implement brain-based self care and adopt caregiving skills that enhance compassion, expertise, and fulfillment.

Road Map for Sustainability of Perinatal Bereavement Programs: Looking Back, Moving Forward

Joni Cutshaw, BSN, RNC, CPLC, CCAP; Jane Heustis, BSN, RN, CPLC; Marcia Meyer Jenkins, ASN, RNC, CPLC and Karen Taylor, BSN, RNC-OB, CPLC

In this multi-faceted workshop, Cutshaw, Heustis, Jenkins and Taylor will explore the changes in perinatal bereavement care and how a raised awareness of emerging changes in health care impacts perinatal bereavement programs. Participants will take part in break out groups and discussions that will provide the tools to create a road map for their program that is sustainable. By the end of the workshop participants will be able to assess the sustainability of their program as well as consider succession planning as a way to provide continuing care to their patients.

Preconference Speakers and Sessions - CONTINUED

The Perinatal Grief Intensity Scale: An Examination of the Evidence Supporting This New Clinical Screening Instrument

Marianne Hutti, PhD, WHNP-BC, FAANP

Health care providers and management recognize the advantages of using a screening tool for evaluating the intensity of grief after a perinatal loss, yet they may lack the knowledge to evaluate screening tools to effectively evaluate grief intensity after perinatal loss. Participants in this workshop will work in small groups to compare the evidence which supports the use of the Perinatal Grief Intensity Scale and compare it to the Perinatal Grief Scale and the Perinatal Bereavement Grief Scale in order to identify the advantages and disadvantages of each instrument for clinical use.

Put Your Oxygen Mask On First

Diane G. Sanford, PhD

Are you a caregiver who feels stressed, overwhelmed, maybe even burned out? Do you not spend the time you need on self-care? If so, this workshop is for you. Participants will learn to recognize the signs and symptoms of caregiver stress and grasp the importance of focusing on their own health and well-being as well as ways to manage stress in yourself and others and restore well-being.

“It’s Never Too Early” To Provide Care to a Women Experiencing a Miscarriage

Marie Walter, MSN, RN, C-EFM, CPLC

Patients who are miscarrying often receive inconsistent care, and explicit bereavement care is often lacking in non-obstetric departments such as surgery or the emergency departments. Participants in this session will receive specific education related to care of the miscarriage patient. The process of standardization across departments will be outlined. The development of an actual Standard of Practice will be discussed, and you will have an opportunity to create your own institution specific standard of practice.

Healing Through Play: Helping Siblings Cope with Death

Meghaan Nguyen, MSW, CCLS and Julia Mendoza, BS, CCLS

Play is often quoted as “the work of a child.” Therapeutic play should be especially underscored for grieving children as it promotes a sense of control in their new world that is often filled with chaos. In this interactive workshop, play will be utilized as a tool for providing age appropriate preparation, memory making, and self-expression. Participants will practice self-reflection and engage in a variety of therapeutic play activities.

Pregnancy Following Perinatal Loss: A Complex Developmental Journey

Joann O’Leary, PhD, MPH, MS; Annette Klein, RN and Dorothea Cicchinelli, BASW, MNM, LCCE, CLC

Parents who experience the death of a baby need different care during their next pregnancy. Those who attend this workshop will gain skills in adapting medical care to a prenatal parenting focus and learn ways to integrate baby that has passed with the baby coming. Participants can learn to expect and explain bittersweet meeting of baby at birth and ways to support parents as they raise their children. You will learn ways to help families integrate the continued bond/attachment that is important to help prevent disenfranchised grief and attachment issues with the baby that follows a loss. Participants will also learn the long-term impact of perinatal loss on siblings and their parents.

Making Sense of Research Studies: Quantitative & Qualitative Critique

Denise Côté-Arsenault PhD, RN, CPLC, FNAP, FAAN

For those of you who turn to research articles for the best evidence but often skip over the Methods and Analysis sections, this session on how to critique research is for you. Two research articles, chosen prior to the session, will be used as examples with step-by-step guidance and opportunity for discussion. The basics of quantitative and qualitative research will be presented, along with comparisons of different designs of each. In-depth explanations of how to interpret research findings and how to apply what you learn into practice will be provided. Guide sheets will be provided for later reference.

2018 IPBC Speakers and Sessions

Thursday, October 25, 2018: Concurrent Session #1 (10:15AM - 11:15AM)

A Peer Support Model in the Face of Changing Healthcare Realities

Nancy Berlow, LCSW

The traditional hospital-based perinatal support models are under-resourced in today's healthcare climate, which can limit the number of families served. Berlow's workshop addresses this dilemma and presents a model of peer support provided by The Pregnancy Loss Support Program (PLSP), which offers phone counseling and support groups led by professionally trained peer counselors who have themselves experienced a loss. The purpose of this session is to provide participants with the framework and tools to integrate volunteer peer support into their bereavement work.

Perinatal Death and Bereavement Care Across the World: Updates from the International Stillbirth Alliance

Katherine J. Gold, MD MSW MS

This interactive workshop will give participants the opportunity to put perinatal loss into a global context. Gold will delve into how perinatal death is and is not included in major global initiatives on maternal child health and the role of the International Stillbirth Alliance for researchers, clinicians and parents. Participants will discuss how a greater understanding of efforts around the world can lead to reduced loss and advocate for respectful, evidence-based care. Additionally, participants will examine the barriers to respectful care and how to address these barriers moving forward.

Words Matter: Courageous Conversations in the NICU

Monica Holland, BSN CHPPN and Kathy Perko, MS, CPNP, CHPPN, CPLC

Courageous conversations are often characterized by an exchange of difficult information between families and those providing care for their infants. The quality of these conversations can be enhanced by educating interdisciplinary members about the importance of the thoughtful choice of words in conveying honest and accurate information to families. Understanding the importance of mindful communication and reworking our vocabulary to empathetically and truthfully address the issue at hand will be the focus of this presentation.

Antepartum Support Group for Hospitalized High Risk Pregnant Moms and Their Families

Laura Navarro Pickens, MSW, LCSW

Pregnant moms who are hospitalized due to high risk pregnancy need support to get through their pregnancies while away from home. This presentation will introduce skills to assess these mothers, recognize their current coping mechanisms, while teaching new ways of coping with negative emotions. Attendees will learn how to help mothers deal with their loss and concerns so that growth and resilience as a mother are maximized.

Transition to Parenthood: A Developmental Model for Understanding the Psychosocial Impact of Pregnancy Loss and the Appropriate Use of Guided Participation as a Multidisciplinary Intervention.

Deborah Rich, PhD, Licensed Psychologist, CPLC

Considering pregnancy loss as a rupture in a normal developmental process opens the door to normalizing the stages of new challenge, adaptation and competence. This session will provide caregivers with tools for supportive interventions that can be applied, across patient care and follow-up settings.

Utilization of an Evidence Based Perinatal Loss Training Program for Doulas

Marie A. Walter MS, RN, C-EFM, CPLC and Jennifer Hicks, MSN, RN, CD(DONA)

The presenters will discuss the role of the doula in the obstetric arena with particular focus on doulas dealing with patients experiencing perinatal loss. Unique aspects of the role will be highlighted. The proposed preparation and training for doulas providing this type of service to their clients will be outlined. The results of two pilot training programs will be shared with participants with potential suggestions for improvement.

Thursday, October 25, 2018: Concurrent Session #2 (2:30PM - 3:30PM)

Creating Intentional Communities of Bereaved Parents by Structuring Safe, Inclusive Support Groups

Patti Budnik BSN, CPLC and Carol McMurrich, BA, EdM

This advocacy seminar will encourage all participants to think critically about how support groups play an important role in creating community for bereaved parents. It will model novel facilitation and referral methods. In this seminar all participants- whether they are involved in support group work or are hospital professionals- will discover ways that they can advocate for effective support groups that allow diverse groups of bereaved parents to develop true community around a shared experience.

Empirical Investigations of Pregnancy Loss: Diverse Women's Experiences and Educating Medical Professionals

Pamela A. Geller, Ph.D.

This workshop will provide valuable information about the psychosocial aspects of pregnancy loss. Geller will report on findings of a study identifying risk factors for negative mental health outcomes among women, as well as provide information on training medical students and OB/GYN residents to effectively support and work with women through introduction of a novel electronic curriculum to multidisciplinary fields.

2018 IPBC Speakers and Sessions

Thursday, October 25, 2018: Concurrent Session #2 (2:30PM - 3:30PM) - CONTINUED

Experiential Teaching and Support in Perinatal Bereavement

Aviva Kleinman BSc, BSN, RN, C-MNN, IBCLC; Erin Lauinger, MSW, LCSW; and Kathleen DeMarco MSN/ED, RN, NE-BC, CPHQ

Staff support is often lacking in bereavement programs, yet when staff is confident in their practice and feel supported, compassion fatigue and attrition diminish, and quality of care improves. Those who attend this workshop will leave with the knowledge and skills to implement experiential education and support, which will increase confidence and help in coping with the difficulties inherent to providing bereavement care.

Clinical Practice Guidelines to Support Respectful Disposition with Early Pregnancy Loss

Elizabeth Levang, Ph.D. and Tammara Ruiz Ziegler RN, CPLC

Understanding the concept of respectful disposition and the necessity of protocols and policies is critical to providing quality patient and family centered care. This workshop will address the concept of Respectful Fetal Disposition, the principles of respectful disposition, informed consent, and the necessity of protocols and policies within healthcare institutions. Participants will be challenged to advocate for additions/corrections/changes in institutional policy if needed in compliance with their local laws.

System-Wide Development and Implementation of Standards of Care for Perinatal/Pediatric Loss

Danielle Penman, BSN

This learning activity will describe the journey of 12 hospitals in a health care system where there was not a pre-existing standard of care for families experiencing the death of their baby or child. Participants will gain knowledge and skills to create or revitalize a sustainable standardized bereavement program at their institution as well as review strategies that will enable them to maintain a high-quality program.

Moral Distress: “It Just Doesn’t Seem Right”: A Case Study

Kathy Perko MS, CPNP, CHPPN, CPLC and Monica Holland BSN, CHPPN

Increased patient acuity and nursing demands can lead to moral distress. The purpose of this workshop is to help participants develop increase in knowledge of the foundations of moral distress and will develop a 3-item self-care plan to deal with moral distress.

Friday, October 26, 2018: Concurrent Session #3 (10:00AM - 11:00AM)

The Role of Genetics in the Care of the Critically Ill Infant

Marisa Andrews, MS, CGC and Rebecca Carter, MS, CGC

Options for genetic testing are rapidly changing, and many providers involved in the care of families with fetal or neonatal losses are unaware of the most appropriate and efficient testing options for their patients in potentially identifying an underlying diagnosis. This workshop will promote awareness regarding the role of genetic counselors and genetic testing to improve care for critically ill infants and their families.

When Mental Illness and Perinatal Loss Collide

Lisa Burke, BA(Hons), MHst, DPsy, FT

Professionals working with women in perinatal settings may not have received formal training in mental illness, nor feel confident in recognizing those women who may be at greater risk of perinatal loss and/or complications in perinatal grief. In this session, Burke will detail epidemiological evidence investigating perinatal bereavement and mental illness, and foster appreciation of the translation of such research into practice

“We want to do what’s best”: Parental Decision-Making in Pregnancies with Life-Threatening Fetal Diagnoses

Denise Côté-Arsenault, PhD, RN, FNAP, FAAN and Erin M Denney-Koelsch, MD

Health care providers often struggle with how to help families in their decision-making process when they discover their baby has a life-threatening condition. Through qualitative interviews of couples during pregnancy processes of couple decision-making were identified and will be described. Those who attend this session will leave with a greater understanding of the many factors that parents consider and the process by which they make difficult medical and personal decisions in the face of their baby’s life-threatening condition.

The Full Scope of Legacy Building for Families within Perinatal Bereavement Care

Heather Eppelheimer, CCLS

Often, the focus of memory making for perinatal and neonatal deaths is on the parents of the deceased child, and siblings can take a back seat. This presentation aims to focus on sibling-specific keepsakes. Additionally, the presenter will discuss legacy building practices to include first trimester loss and losses where typical keepsakes (i.e. molds, ink prints etc.) may not be able to be created. Participants will leave with fresh ideas to bring to their bereavement practices.

2018 IPBC Speakers and Sessions

Friday, October 26, 2018: Concurrent Session #3 (10:00AM - 11:00AM) - CONTINUED

The Ripple Effect of Perinatal Loss: Impact on Grandparents and Adult Siblings

Joann O'Leary, PhD, MPH, MS and Annette Klein RN

Grandparents can find themselves at a loss as to ways to support their adult bereaved child and cope with their own grief. This can also be true for adult siblings. This presentation will address helping both grandparents and bereaved parents gain an understanding of moving forward with the changed family dynamics.

The Scraps of the Heart Project: Storying Perinatal Loss Through a Narrative Art- and Community-Based Research Collective

Erin K. Willer, Ph.D.

This presentation will focus on The Scraps of the Heart Project www.scrapsoftheheartproject.com, a community- and narrative arts-based research collective of bereaved parents, healthcare providers, artists, researchers, and students. The presentation will demonstrate how our creative arts workshops for bereaved parents, service-learning projects with undergraduate and graduate students, and a community art exhibit have functioned to empower families and educate communities about perinatal loss.

Friday, October 26, 2018: Concurrent Session #4 (2:15PM - 3:15PM)

Developmentally Supportive Care: Understanding Parents' Compelling Developmental Tasks and How Quality Perinatal Bereavement Care Helps Parents Fulfill Them

Deborah L. Davis, PhD

This session illuminates 4 developmental tasks that propel parents along a path of healthy adjustment following their baby's death. Participants will explore the parent's compelling developmental arc and how it relates to bereavement care. You will (1) gain insight into the biological, emotional, psychological, and spiritual imperatives parents face; (2) boost your understanding of parents' behavior and desires; (3) consider another level of why and how to implement the various interventions of quality perinatal bereavement care.

Perinatal Loss and the Funeral Home Experience

Kelly Karavousanos, LPC

Planning a funeral or memorial service is not something most parents think about when they are expecting a baby. Karavousanos' session will guide participants through the process of the significant role funeral homes play in guiding and supporting families planning a meaningful farewell service for their baby as well as the importance and impact the goodbye ritual can have on the family's future healing.

HUGS Peer Support for Grieving Families

Claire Matejka, BS and Amy Helt RN

While many hospitals provide excellent bereavement care to parents at the time of their loss and throughout their hospital stay, there is often a lack of care and support once the parents leave the hospital, and they may have little support out in their community. This workshop describes the HUGS program, and participants will learn how to implement a peer support program for the newly bereaved as a Standard of Care for all patients and their families.

When a Mother Dies: A Tale of Two Case Studies

Meghaan Nguyen, MSW, CCLS and Paige DelCastillo, BSN, RNC-OB

As maternal death rates continue to rise, there is an increased demand to meet the needs of the surviving baby and the additional members of the family unit. The case studies presented in this session will address: providing legacy, education regarding the death, and helping the family say goodbye. Nguyen and DelCastillo will also discuss the unique demands and challenges placed on the staff when a mother dies.

Decreasing Harm Related to Fetal Remains Disposition in the Obstetric Department/Emergency Department/Operating Room Setting

Amy Schmidt, MPH, CHES and Christine Giardino, BSN, RN

Proper and respectful disposition of fetal remains is a critical facet of administering compassionate care for patients who experience a pregnancy loss. This session will prepare caregivers to be better equipped to implement a protocol for respectful care and final disposition at their institutions, thereby avoiding mistakes, improving patient care, and decreasing harm that can occur when remains are handled in inappropriate ways.

Friday, October 26, 2018: Concurrent Session #5 (3:30PM - 4:30PM)

Working with Perioperative Nurses to Increase Participation and Bereavement Support in Necessary Termination of Pregnancies: A Delicate Balance

Anita Catlin, DNSc, FNP, FAAN

In this workshop, Dr. Catlin will explore the sensitive topic of the nurse's role when a pregnancy is being terminated due to genetic anomalies or when a baby has already died and needs to be surgically removed. She will provide information on Codes of Ethics, nurses' rights to object, process and procedures, and she will explain what a pregnancy termination is and what it is not. Participants will leave with an increased understanding of what it means to care for and offer bereavement support to patients in such situations.

2018 IPBC Speakers and Sessions

Friday, October 26, 2018: Concurrent Session #5 (3:30PM - 4:30PM) - CONTINUED

Meeting Families Where They Are: Benefits of an Interdisciplinary, Community-Based Model of Perinatal Palliative Care

Alyssa W. Gupton, LCSW, ACHP-SW and Kate Klatt, MS, CCLS and Lauren Zwetsch, MS, RN, PNP
The purpose of this workshop is for attendees to learn of the importance of a community-based interdisciplinary perinatal palliative care team to address the biopsychosocial needs of a family anticipating or experiencing perinatal and/or infant loss. The presenters will explore how this interdisciplinary model of care enhances the short and long-term benefits of providing early and ongoing care and support to families anticipating/experiencing perinatal loss. Finally, the presenters will identify specific ways rituals and memory making activities help bereaved families heal.

“I Never Know What to Say:” Enhancing Communication Skills through End-of-Life Care Simulations Concurrent Session

Kathie Kobler, PhD, APN, PCNS-BC, CHPPN, FPCN

Health care professionals sometimes express a desire for ongoing avenues to refine their communication skills when caring for families experiencing perinatal/neonatal death. The purpose of this presentation is to provide insight into the role of interdisciplinary team facilitation of end-of-life simulation training for perinatal/neonatal team members, and to describe a successful simulation program with strategies for re-creating at other sites.

How Does the Gestational Surrogate Grieve When the Baby Dies?

Irena Milentijevic, Psy.D. Licensed Psychologist

The impact of perinatal loss on gestational surrogate is often minimized as it is “not her baby,” and the clinical issue of grief is typically not fully recognized. There is no research on this subject, and only a handful of articles are available. This workshop will provide medical and mental health professionals with specific knowledge of grief reactions in gestational surrogates. Participants will improve their understanding of the issue and learn ways to give more sensitive care to bereaved gestational surrogates.

Gabriel’s Courage: In-utero Hospice Palliative Care for the Imperiled Newborn

Janet Stevens RNC-OB, CNE, CNL, CPLC, CBC, C-EFM, CCRN, MSN

Oftentimes, patients who are told of a life-limiting fetal diagnosis are not given choices on whether to proceed with their pregnancy and are encouraged to terminate the pregnancy via therapeutic abortion. This limits the options parents are given to spend time with their baby. In this workshop, a model will be presented that hospitals can use to offer choices to patients so every parent suffering a perinatal loss can have an individualized plan of care that respects their values and mores.

Join Us for the Welcome Reception

Join conference attendees, PLIDA leadership, and sponsors, for some lighthearted moments and catching up with friends old and new. Take in the amazing Grand Hall with stunning artwork, and a one of a kind light show.

Featuring hors d’oeuvres, and a cash bar, you will feel like the Welcome Reception has started you off in style. Dress is business casual.

Purchase tickets (\$50/ticket) for this event as part of your registration. Your ticket includes hors d’oeuvres and two drink tickets. A limited number of tickets will be available at the registration table for a charge of \$60/ticket.



Poster Presentations

Professionals will join us for our Innovative Program and Research Poster Session. This is your opportunity to hear and talk with national experts. View and discuss the following featured posters:

Bereavement Care Across the Continuum

Paige DelCastillo, BSN, RNC-OB

Building Blocks to a Successful Bereavement Program

Janie Wood, D. Min, BCC; Christine Casey, RN, MSN; and Linda Taloney, MBA

Creating an Intimate Portrait Session: Elevating Healing through Remembrance Portraits Beyond the Snapshot

Gina Harris – Master of Science in Nonprofit Management (MNM)

Creating Community through Remembrance

Elizabeth Swartz RN, BSN, C-EFM, CPLC; Katherine Christian RN, BSN, C-EFM; and Amanda Deits, RN, BSN, RNC-OB, C-EFM, CPLC

Education – The Way You Need It

Ann Coyle RNC-NIC, BS-P, CPLC

Extending the Life of a Newborn with Anencephaly to Benefit Others: How Organ Donation and Multidisciplinary Care Can Help Grieving Parents

Laura Raineri, BSN, RNC-OB

I, too, am a Warrior Mama: Empty Arms, Broken Hearts, and Grieving Wombs

Marcy L. Paul, PhD

MomsONline: A Pilot Study to Evaluate the Feasibility and Acceptability of Using Existing Online Support Groups to Provide Support for Perinatally Bereaved Mothers

Martha Boggs, BS, CCRC and Katherine J. Gold, MD, MSW, MS

New Jersey Quinn Wilson Law

Katharine Donaldson, MSN, APN, C, WHNP-BC, RNC-OB, CPLC, C-EFM

Pregnancy & Infant Loss Support Organization of the Sierras (PILSOS) – A Community-Based Approach to Improving Care and Healing

Danel Fisher, BSN and Mary Boyle, RN

The Perinatal Loss Alert Program (PLAP)

Anisa Glowczak, MEd, LPC, NCC, GC-C

Translation of the National Perinatal Association Interdisciplinary Recommendations for Psychosocial Support of NICU Parents and Staff into Clinical Practice

Marylouise Martin, MSN, RNC-NIC, CKC

Understanding the Social Support Experiences of Couples in Perinatal Loss: Initial findings of an Interpretive Description Study

Stephanie Lelond and Dr. Roberta L. Woodgate

Continuing Education Credit Information

The IPBC is pleased to offer continuing education credit to multiple clinical disciplines, including nurses, social workers, chaplains, child life specialists and more. Those who request continuing education credit for attending the conference will be assessed a fee of \$25.00 payable at the time of registration. Signing up for continuing education must be completed at registration. Completion of online sign-in and evaluation is required for contact/CE hours.

To receive continuing education (CE) credit, nurses, social workers and chaplains must present for the entire session for which CE credit is claimed. Sign-in and evaluation instructions will be emailed to all attendees and completed online. Attendees registering for continuing education credit are responsible for providing an email address to receive communications and for relaying any issues with email delivery to IPBC staff. A link to download or print continuing education certificates will be provided at the end of the online evaluation. For questions regarding continuing education credit, please contact Gina Leigh Jones RN, CPLC at Gina.Jones@plida.org.

Nursing contact hours

Gundersen Lutheran Medical Center, Inc., is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation and in California, is approved by the California Board of Registered Nursing, provider #12245.

Social work continuing education hours

Gundersen Lutheran Medical Center, Inc., provider #1089, is approved as a provider for continuing education by the Association of Social Work Boards, ASWB Approval period: Nov. 14, 2015 – Nov. 14, 2018. Gundersen Lutheran Medical Center, Inc., maintains responsibility for the program. Licensed social workers should contact their regulatory board to determine course approval.

Resolve Through Sharing is a provider for the National Association for Catholic Chaplains.

Please visit www.plida.org, for continuing education updates.

Planners claim no conflict of interest. Speaker conflict of interest, if any, will be provided to participants prior to the start of the conference. Off-label use of any products will not be discussed. For questions regarding continuing education credit for IPBC, please contact Marie Walter at mawalter@gundersenhealth.org. Other disciplines will receive a certificate of attendance.

Conference organizers are applying for continuing education credit for other disciplines in addition to nurses, social workers, chaplains, and mental health professionals. Please watch this section of the conference brochure for updates.

To receive contact or clock hours, nurses, social workers, and chaplains must be present for the entire session for which they claim continuing education credit. A completed evaluation is required for contact or clock hours. The evaluation and the original of the continuing education certificate will be turned in to conference organizers when the participant leaves. Participants keep a copy of the certificate as evidence of which sessions they attended and the number of continuing education credits awarded for each.

This event has been submitted to the National Society of Genetic Counselors (NSGC) for approval of Category 1 CEUs. The American Board of Genetic Counseling (ABGC) accepts CEUs approved by NSGC for purposes of recertification. Approval for the requested CEUs and Contact Hours is currently pending. Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Speaker Conflict of Interest

Planners claim no conflict of interest. Speaker conflict of interest, if any, will be provided to participants prior to the start of the conference. Off-label use of any products will not be discussed. For questions regarding continuing education credit for IPBC, please contact Gina Leigh Jones RN, CPLC at gina.jones@plida.org.

Lodging - Union Station Downtown St. Louis

The location of the PLIDA conference is the historic St. Louis Union Station hotel. Within sweeping archways, fresco and gold leaf detailing, mosaics and glass windows, you'll find this tranquil hotel Curio Collection by Hilton. The hotel rate is \$149/night for your stay before, during, and after the conference.

St. Louis is a major city in Missouri along the Mississippi River. Its iconic, 630-ft. Gateway Arch, built in the 1960s, honors the early 19th-century explorations of Lewis and Clark and America's westward expansion in general. Replica paddlewheelers ply the river, offering views of the arch. The Soulard district is home to barbecue restaurants and clubs playing blues music. In addition to the beautiful parks, landmarks, and sporting events, St. Louis has something for everyone. Whether you're traveling to the PLIDA conference solo, with a group of colleagues, or your family, St. Louis will not disappoint!

Book Now: <http://group.curiocollection.com/plida2018>



HOTEL ROOMS NOW AVAILABLE!

Transportation: Airport to Hotel

GO BEST Express

The Union Station Hotel is a quick ride to and from the St. Louis International Airport. GO BEST Express offers a shuttle service.

- Shuttles run approximately every 15-30 minutes from the airport, and from the hotel by scheduled reservation
- There is a GO counter located in the baggage claim of both terminals inside near Exit 12 for easy check-in
- Automatic email & text notifications help keep riders informed and up-to-date about their reservations

For more information or to reserve your ride, visit www.gobestexpress.com.

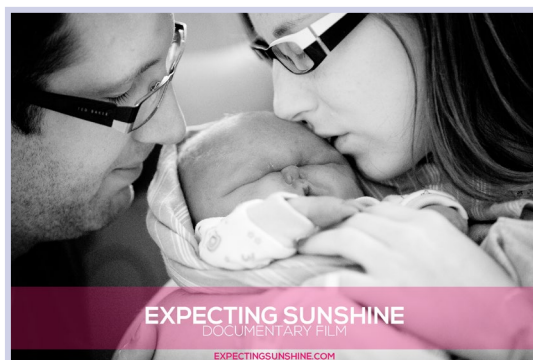
MetroLink

St. Louis also has the MetroLink, which is a cost-effective way to travel from the airport to the hotel. Ticket options, schedules, and train information is located on their website, <https://www.metrostlouis.org/metrolink/>.

Sunrise Cinema

Join us at 6:30AM for a screening of 'Expecting Sunshine: A Journey of Grief, Healing and Pregnancy after Loss', the award-winning documentary based on the best-selling memoir by author/filmmaker Alexis Marie Chute. This screening will be hosted by the filmmaker.

The film investigates different perspectives on traumatic birth, how loss affects personal identity and faith, and the ways families change, thrive and cope through grief. Also highlighted is the decision-making process around family planning after loss and the unique stresses of subsequent pregnancies. With poignant narration about grief and the healing journey, the documentary casts fresh light on a private and isolating experience.



A Gift From PLIDA: Historic St. Charles and Angel of Hope Statue

With gratitude for attending the 2018 conference and the work you do, PLIDA is pleased to offer a post conference experience to visit historic St. Charles and the Angel of Hope Statue.

Join us on a delightful trip to historic St. Charles, MO. Located on the outskirts of St. Louis; this charming town gives one the feeling of stepping back in time to the days of the Lewis and Clark expedition. St. Charles is a gem that truly has something for everyone and is the ideal place to unwind while savoring good food, drinks and company. Kick back and enjoy lunch at one of more than 25 restaurants that serve everything from burgers and barbecue to tapas and seafood while sipping wine and locally brewed beer on cozy tree-lined patios or decks overlooking the Missouri River.

After lunch, spend the afternoon strolling along cobblestone streets, shopping in unique boutiques, treating yourself to homemade ice cream, fudge and cookies, or simply walking along the river enjoying the colorful fall scenery. The day will end late in the afternoon with a trip to a local park to visit the local Christmas Box Angel of Hope statue, one of 120 in the world, a monument dedicated to children who have left this world too soon. The visit will include time to stroll in the stunning Ben Rau garden plus a short closing service. You will ride to and from St. Charles in a comfortable motor coach, giving you time to relax and have fun connecting with old and new friends. Space is limited, so register early.



Bookstore

Centering Corporation, well known as an extraordinary grief resource organization, is returning as the conference bookstore vendor. The bookstore will carry books and resources that have been requested by attendees.

Book Signing Reception

PLIDA is honored to present several of our distinguished authors and speakers for a book signing reception. Enjoy hors d'oeuvres and cash bar while interfacing with the authors. This is a wonderful opportunity to meet published perinatal experts and have your book personally signed. A keepsake! You may bring your own books or purchase them from the conference bookstore.

Watch this space for a list of speakers and their books so that you can make plans well in advance for extending your personal or work libraries.

Note: A book raffle drawing will take place prior to the reception. The PLIDA conference brings together several distinguished authors, which have books featured at the book signing. Conference attendees will have an opportunity to purchase raffle tickets for a chance to win one of the signed books.

Conference T-Shirts

Don't miss out on the opportunity to pre-order your 2018 IPBC t-shirt! The soft poly/cotton breathable blend offers a relaxed, yet feminine fit. The light steel shirt color paired with the vibrant conference graphic gives it a professional look and is a shirt that you'll be able to wear anywhere! Preorder cost is \$20. Shirts will be available for pick up at the conference registration table.

*A limited supply of the conference shirt will be available onsite at the conference for \$25. Sizes will be limited. Order now to take advantage of this memorable shirt!



Reflection Room

As always, the conference provides a dedicated quiet space for reflection, grieving, or simply being. The Reflection Room is intended to provide participants with an opportunity for self-reflection and self-care when they need it during the conference. The room will be designed to provide opportunities to transition from the prickliness of our vicarious trauma in working with perinatal loss to supporting the body and soul in revisiting the power of what we experience.



Area Attractions

St. Louis is a major city in Missouri along the Mississippi River. Its iconic, 630-ft. Gateway Arch, built in the 1960s, honors the early 19th-century explorations of Lewis and Clark and America's westward expansion in general. Replica paddlewheelers ply the river, offering views of the arch. The Soulard district is home to barbecue restaurants and clubs playing blues music. In addition to the beautiful parks, landmarks, and sporting events, St. Louis has something for everyone. Whether you're traveling to the PLIDA conference solo, with a group of colleagues, or your family, St. Louis will not disappoint! Below are some of the top spots that may pique your interest. Be sure to check back on the PLIDA.org website for additional travel tips, and advice on the 'must-see' spots!

The Arch

Take a 630-foot ride to the top of this world-famous stainless steel monument for the finest view in the Gateway City. Then stop by the Jefferson National Expansion Memorial to get a glimpse of where Lewis and Clark set out on their historic expedition! Visitors can also hop aboard a 19th century paddle-wheel boat replica for a narrated cruise down the mighty Mississippi.



Missouri Botanical Gardens



The Missouri Botanical Garden in St. Louis was founded in 1859 by Henry Shaw. Today, the Garden is a National Historic Landmark and a center for science, conservation, education and horticultural display - widely considered one of the top three botanical gardens in the world. It features 79 acres of horticultural displays, including indoor conservatories and demonstration, formal and international gardens. What a serene and beautiful spot!

St. Louis Zoo

Voted America's top free attraction, the Zoo is located on 90 acres in beautiful Forest Park, and home to more than 603* species of animals, many of them rare and endangered, Enjoying an adventure every time you visit. Knowing a discovery will be made around each corner. You're at the Saint Louis Zoo, a get-away destination that brings together more than 14,840* wild animals and 3,000,000 visitors each year.



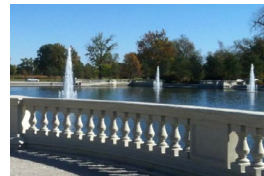
The Fabulous Fox Theatre



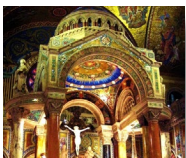
The Fabulous Fox Theatre first opened in 1929 as a movie palace in William Fox's motion picture empire. The theatre was reopened in 1982, and today it is one of the most exquisite venues in the country to enjoy live touring Broadway shows, concerts, and comedians. Check it out for a show or one of the guided tours!

Forest Park

Founded in 1986, Forest Park Forever is a private nonprofit conservancy and is one of America's greatest urban public parks. with the 1,300-acre park offering something for everyone – amazing destinations and institutions that challenge the mind, a Dual Path system that invites both leisurely walks and intense workouts, quiet places to picnic and read, and a variety of popular festivals and events – all set in the background of a city oasis, a place to escape it all.



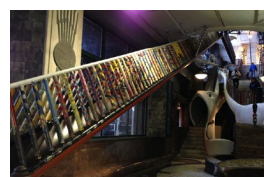
Cathedral Basilica of Saint Louis



The Mother Church of the Archdiocese of Saint Louis, the superstructure of the Cathedral was built between 1907 and 1914. It is known for its' beautiful interior mosaics, which took nearly 80 years to create using more than 41 million pieces of glass tesserae. The Cathedral is known for having one of the largest mosaic collections in the Western Hemisphere.

City Museum

The City Museum in St. Louis is a place you have to see and experience to truly appreciate. It's a one-of-a-kind attraction filled with exhibits for both children and adults. There are caves, slides, tree houses, ball pits, a ferris wheel on the roof and so much more. Most of the exhibits are made out of recycled parts, giving the museum a unique, crafty feel.





FAQs

What is the International Perinatal Bereavement Conference?

Pregnancy Loss and Infant Death Alliance (PLIDA) offers this international conference biennially as an opportunity for networking and gaining education for those who support bereaved families.

Who is the conference audience?

This conference will appeal to any professional who provides care to families experiencing a perinatal death or who engages in research in the field including obstetricians, maternal fetal medicine physicians, neonatologists, palliative care physicians, advanced practice nurses, midwives, physician assistants, nurses, social workers, genetic counselors, ultrasonographers, chaplains, funeral directors, childlife specialists, lactation consultants, psychologists, childbirth educators, policy makers, program administrators, researchers, professors, and parent advocates, among many others. In addition, bereaved parents, themselves, participate in the conference in the role of parent advocates who may work in advocacy, lay support and who may hold a dual role as both patient and researcher or practitioner.

Who can earn continuing education credits?

Yes, CEUs and CMEs for many disciplines are available. Please see the CEUs section of this brochure.

How do I receive continuing education credit?

The disciplines providing continuing education credit for conference offerings are listed in the CEU section of the brochure. If you want continuing education, the cost is \$25 and you will find the payment option listed on the registration form.

Where do attendees pick-up their badge and convention materials?

All conference activities will be held on-site at the St. Louis Union Station Hotel. Look for the registration table, located at the entrance to the ballroom area.

Does full conference registration rate include the preconference options?

No, the preconference options are selected on the registration form and paid for according to the amount listed.

What does registration include?

- Access to all plenary and concurrent presentations. Please note that Wednesday preconference presentations are an additional fee.
- Access to the special events, including book signing reception, sunrise cinema, yoga, and the St. Charles/Angel of Hope visit.
- Access to exhibit hall, poster presentations, bookstore, and quiet reflection room.
- Access to written materials provided by the presenters.
- Free Wi-Fi throughout the conference space.

FAQs (continued)

What type of experience can an attendee expect at the conference?

The conference provides enriching presentations combined with networking and seeing old friends, and enjoying the historic and family-friendly activities in St. Louis. Centrally located, there is something for everyone.

What is the dress code?

Business casual. You may want to consider dressing in layers to account for the transition from air-conditioned meeting rooms to the outdoor areas of the beautiful Union Station St. Louis Hotel.

Do attendees need to bring anything to the convention?

- Paper and pens will be provided in the meeting spaces for note taking.
- Business cards and/or information about your programs & resources to share with colleagues.
- Free Wifi will be available throughout the conference space for those wanting to access the Internet.

Should I bring my partner and family?

Yes! St. Louis offers a variety of outdoor and indoor activities suitable for families and friends of all ages.

Do I need to rent a car?

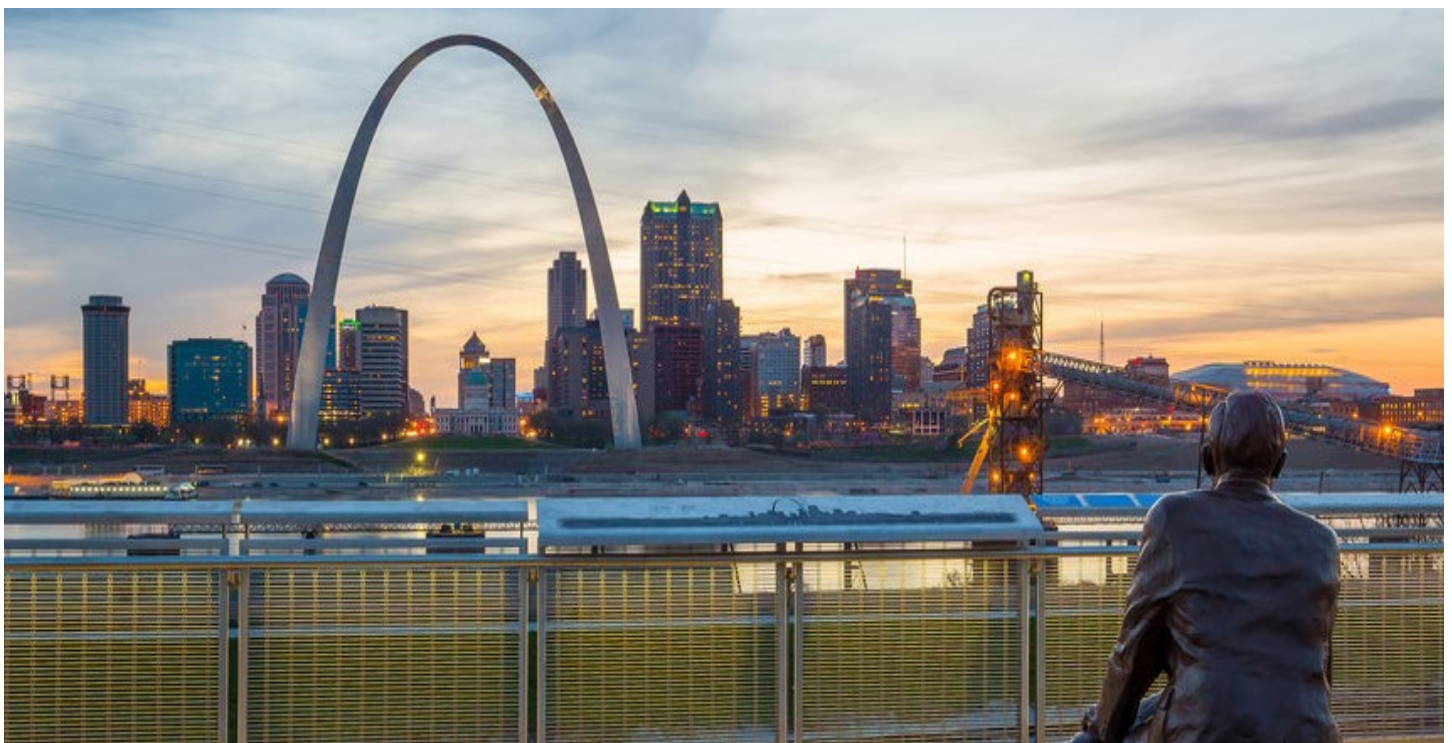
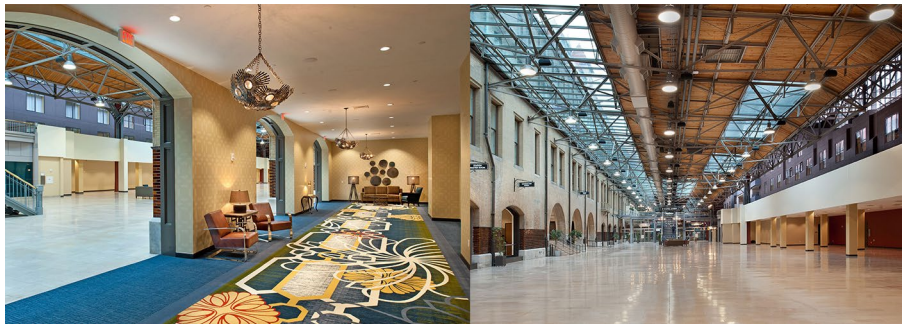
The conference site is conveniently located near the St. Louis International Airport. Several transportation options are available, including an inexpensive 14-mile taxi ride, shuttle ride, MetroLink train ride or Uber ride. For more information on the hotel and surrounding areas and activities, please visit: <https://plida.org/2018-international-conference/travel-hotel/>.

How can my organization support the conference?

We invite you to consider sponsoring or exhibiting at the conference. Your contribution will show your commitment to professional bereavement care and as an exhibitor you will have unprecedented opportunities to promote your products and services face-to-face with decision makers. Sponsorships are welcome at any time.

[Click here for more information on Sponsorships.](#)

[Click here for more information on Exhibitors.](#)



Conference Sponsors

This International Perinatal Bereavement Conference was partially funded through a Patient-Centered Outcomes Research Institute®(PCORI®) Engagement Award Initiative (#10632-EAIN). The content does not necessarily represent the views of the Patient-Centered Outcomes Research Institute (PCORI), its Board of Governors, or Methodology Committee.

\$5,000 - Mighty Mississippi Level

Resolve Through Sharing®

BEREAVEMENT SERVICES



\$2,500 - Grand Station Level



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Children's
Hospital of Wisconsin

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COUNSELING



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Catherine A. Lammert, RN, CPLC
Perinatal Bereavement Consultant



\$1,000 - Railway Level



Colorado Pregnancy &
Newborn Loss Services



nilmdts
Now I Lay Me Down to Sleep

Exhibitors

Alexis Marie Chute Productions Inc.
Beats for Bristol, Inc.
Caring Wisdom Clay Links
Carrying to Term
Children's Memorial Hermann
Count the Kicks
Dr. Diane Sanford
Early Pregnancy Association
Fetal Concerns of Wisconsin
Flexmort
Green Lime Arts
Hand to Hold
Healing Moments Counseling
Heaven's Gain Ministries
Holy Sews
Hospice and Palliative Credentialing Center
IIAM
InJoy Health Education
LulaRoe
Luca Hill Acrania & Anencephaly Foundation
Mamies Poppy Plates

Memories Unlimited
MEND (Mommies Enduring Neonatal Loss)
Mercy
Now I Lay Me Down to Sleep
PALS
Denise M. Paul MA,CT, CPLC
Resolve Through Sharing
Return to Zero Center for Healing
Samuel's Lullaby
Sarah Philpott, author " "Loved Baby..."
Shari Morash, author "Loving Your Baby..."
Sharing Solace
Star Legacy Foundation
Texas Pediatric Palliative Care Consortium
The Comfort Cub
The King's Daughter's Milk Bank
The Normal Brand
Thumbies Fingerprint Keepsakes
Young Living Essentials Oils

As always, the PLIDA conference committee and board of directors is truly appreciative of the continued support from each of the conference sponsors and exhibitors.

Meet Us in St. Louis



October 24, 2018 - October 27, 2018

Union Station Downtown

St. Louis, Missouri

www.plida.org